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# Thunder Bay

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## 1. Mental Health and Addictions

### Counselling

#### **Thunder Bay Counselling Centre & Catholic Family Centre– Hope Place**

544 Winnipeg Ave.

Thunder Bay, ON, P7B 3S7

T: (807) 684-1880

F: (807) 344-3782

E: community@tbaycounselling.com

<b>Management:</b>  Thunder Bay Counselling Centre	<b>Program(s):</b>  Hope Place: -Pregnancy & Health -Woman's Education Group (WEG)
<b>Program Focus:</b>  Pregnancy & Health is for women looking to engage in substance use programming in a group setting.  WEG focuses on substance use, relationships, emotional health and promoting a healthier lifestyle.	<b>Program Duration:</b>  Pregnancy & Health: Unlimited  WEG: 5 consecutive Wednesday sessions. See link for start dates and times.  <a href="http://www.tbaycounselling.com/addiction-mental/pregnancy-and-health/">http://www.tbaycounselling.com/addiction-mental/pregnancy-and-health/</a>
<b>Application:</b>  Pregnancy & Health: No application. It is a drop-in group.  WEG: Self and third party referrals are accepted.	<b>Admission/Waitlist:</b>  Pregnancy & Health: No waitlist. Applicants can visit the drop-in site during operating hours.  WEG: See link (above) for start dates and times. If space is not available, the applicant will be registered for the next cycle.
<b>Eligibility:</b> Females only No set age requirement Applicants with FASD are eligible	<b>Sobriety Requirements:</b>  If the client is visibly intoxicated or under the influence of drugs they will be asked to leave and another appointment will be rescheduled.

Pregnancy & Health: Client must have a child age 6 or under or be currently pregnant. This is not a program for court related referrals.	
<b>Aboriginal Requirements:</b> None.	<b>Aboriginal Focus:</b> None.
<b>Residential?:</b> Non-residential.	<b>Visitation Rights:</b> Outpatient service.
<p><b>Counselling provided for:</b> Pregnancy &amp; Health offers all types of counselling; trauma, alcohol and substance abuse.</p> <p>WEG explores substance use, relationships and opportunities to discover a healthy lifestyle. Participants learn about how these issues interact, stages of change and coping strategies.</p>	<p><b>Subsequent Referrals:</b> Clients in the WEG are given the opportunity to visit an individual counsellor where appropriate. Subsequent referrals can be made.</p>
<b>Service Area:</b> No geographic limitations.	<b>Location:</b> See above address.
<b>Transportation:</b> Bus tickets and case management services are provided as needed.	<b>Cost:</b> Funded by the Ministry of Health and Local Health Integration Network (LHIN).
<p><b>Clients and the CJS:</b> WEG can be part of a probation order, a conditional sentence order, or a parole order. Upon completion of WEG, a letter is provided summarizing the client's involvement; degree of effort and any further recommendations.</p> <p>For Court purposes the WEG program is recommended.</p> <p>The Pregnancy &amp; Health program cannot be ordered by a court. Clients must voluntarily join the program. Progress letters can be provided if requested, but fees apply.</p>	<p><b>Security:</b>  No searches or drug tests are conducted.</p>

## Thunder Bay Counselling Centre (Issue-Specific Counselling Programs)

544 Winnipeg Ave.

Thunder Bay, ON, P7B 3S7

T: (807) 684-1880

F: (807) 344-3782

TF: 1 (888) 204-2221

E: aimee@tbaycounselling.com, abi@tbaycounselling.com

W: www.tbaycounselling.com

<b>Management:</b>  Thunder Bay Counselling Centre	<b>Program(s):</b> -Alcohol and other Drugs -Violence Against Women -Male Survivors of Sexual Abuse
<b>Program Focus:</b>  Short-term outpatient counselling service for addictions and mental health; alcohol, drugs, women who have experienced domestic violence and men who have experienced sexual abuse.	<b>Program Duration:</b>  Adult & Youth Drug and Alcohol Program: No limitation  Violence Against Women Program: No limitation  Male Survivors of Sexual Abuse: 8 sessions  Note: Although no time limits are set on certain programs. The centre is not focused on providing long-term counselling services.
<b>Application:</b> No application. It is a self-referral program and individuals interested in the services only need to call or go to the office during intake hours.	<b>Admission/Waitlist:</b> Sessions begin on the first available appointment with a counsellor.
<b>Eligibility:</b> Men and women are accepted. Sex offenders are eligible. Violent offenders are eligible. Applicants suffering from FASD are admitted, but the facility is not well suited to handle their needs.  Adult Drug & Alcohol Program: Ages 12-64 Youth Drug & Alcohol Program: Ages 12-17 Violence Against Women: Ages 16+ Male Survivors of Sexual Abuse: Ages 16+	<b>Sobriety Requirements:</b> Sobriety is not a prerequisite to participate in any program. Drug tests are not conducted onsite.
<b>Aboriginal Requirements:</b> None. Open to all.	<b>Aboriginal Focus:</b> There is no pre-established focus on traditional aboriginal healing. Clients can individually work with their counsellor to create a more traditional aboriginal healing in their program.

<b>Residential/Non-residential:</b> Non-residential. Outpatient service.	<b>Visitation Rights:</b> No outside privilege limitations (outpatient service). Friends and family may attend counselling sessions.
<b>Counselling provided for:</b> Physical, mental, emotional, spiritual, sexual abuse, PTSD, and all drug and alcohol addiction.	<b>Subsequent Referrals:</b> If necessary, residents are provided a referral to a subsequent program(s).
<b>Service Area:</b> No geographic limitations.	<b>Location:</b> See address above.
<b>Transportation:</b> None provided. Applicant can apply to Non-Insured Health Benefits (NHIB) to cover transportation cost. Applicants receiving Ontario Works qualify to have transportation covered by NHIB.	<b>Cost:</b> Funded by the Ministry of Health.
<b>Clients &amp; the CJS:</b> Applicants facing probation or conditional sentences are favoured, as it is an outpatient service.	<b>Security:</b> No baggage or body searches are conducted.

## Thunder Bay Counselling Centre (Walk-in Counselling)

544 Winnipeg Ave.

Thunder Bay, ON, P7B 3S7

T: (807) 684-1880

F: (807) 344-3782

Website: [www.tbaycounselling.com](http://www.tbaycounselling.com)

<b>Management:</b> Thunder Bay Counselling Centre	<b>Program(s):</b> Walk-in Counselling
<b>Program Focus:</b> Single-session counselling services for children, youth and adults of all ages. Some of the issues can include (but are not limited to): abuse, budgeting and debt-management, depression, anxiety, family conflict, relationship issues, school issues, separation and divorce, sexual assault and abuse, stress, substance use, and bereavement issues.	<b>Program Duration:</b> One hour sessions offered weekly on Wednesdays between 12 pm and 8 pm.
<b>Application:</b> No appointment, walk-in.	<b>Admission/Waitlist:</b> First-Come, First-Served.
<b>Eligibility:</b> None.	<b>Sobriety Requirements:</b> Clients demonstrating signs of intoxication will not be accepted.
<b>Aboriginal Requirements:</b> None. Open to all.	<b>Aboriginal Focus:</b> None.
<b>Residential/Non-residential:</b> Non-residential. Outpatient service.	<b>Visitation Rights:</b> N/A
<b>Counselling provided for:</b> All issues.	<b>Subsequent Referrals:</b> Yes.
<b>Service Area:</b> No geographic limitations.	<b>Location:</b> Every first and third Wednesday of the month, counselling is offered at the Thunder Bay counselling centre (see address listed above). Every second and fourth Wednesday of the month, counselling is offered at Children's Centre Thunder Bay (283 Lisgar Avenue).
<b>Transportation:</b> None provided.	<b>Cost:</b> Funded by the Ministry of Health.
<b>Clients &amp; the CJS:</b> Clients involved with the criminal justice system are accepted.	<b>Security:</b> None.



## Private Counsellor – Linda Kelly, MSW RSW

157 East Avenue

Thunder Bay, ON, P7A 7Z8

T: (807) 767-3888

W: lindakellymentalhealth.janeapp.com

<p><b>Management:</b> Linda Kelly, MSW, RSW</p> <p>Health Canada – Recognized Provider:</p> <p>Non-Insured Health Benefits (NIHB) Indian Residential School Survivors (IRS)</p>	<p><b>Programs:</b> Health Canada: Short-term crisis intervention mental health counselling benefits – Non-Insured Health Benefits (NIHB)</p> <p>Indian Residential Schools Resolution Health Support Program (IRS)</p>
<p><b>Program Focus:</b> Individual counselling is available for grief, trauma, addictions, anger management personal relationships &amp; Indian Residential school survivors.</p>	<p><b>Program Duration:</b> Status Aboriginal: 15 – 20 hours within 6 month period</p> <p>Indian Residential School Survivor: Unlimited</p>
<p><b>Application:</b> There is no formal application. Anyone interested may call-in to schedule an appointment. Follow-ups will also be made on any referral made by a 3<sup>rd</sup> party.</p>	<p><b>Admission/Waitlist:</b> If the applicant is a local resident, they will be admitted at the next available appointment.</p> <p>Health Canada - IRS requires two weeks to accommodate travel arrangements.</p> <p>If the client requires immediate assistance, they can pay up-front for their transportation and then be reimbursed for their costs. Clients are required to submit all travel receipts. See link for reimbursement form. <a href="http://www.hc-sc.gc.ca/fniah-spnia/alt_formats/pdf/nihb-ssna/benefit-prestation/form-reimburse-rembourse2-eng.pdf">http://www.hc-sc.gc.ca/fniah-spnia/alt_formats/pdf/nihb-ssna/benefit-prestation/form-reimburse-rembourse2-eng.pdf</a></p>
<p><b>Eligibility:</b> Children, youth, adult, and seniors are accepted.</p> <p>Status Aboriginals are required to provide their status card number to qualify for counselling.</p> <p>Health Canada – NIHB Eligibility: -Must be local and have a status card number</p> <p>Health Canada – IRS Eligibility: -Children and grandchildren of a residential school survivor -Those who have been raised by a survivor</p>	<p><b>Sobriety Requirements:</b> No. The clients do not need to be drug or alcohol free to attend counselling appointments.</p> <p>If clients arrive to an appointment visibly under the influence of drugs and alcohol, their appointment is rescheduled.</p>

<p>-Parents who are residing with a survivor</p> <p>The survivor's name, DOB, and the name of the IRS school attended must be provided.</p>	
<p><b>Aboriginal Requirements:</b></p> <p>None.</p>	<p><b>Aboriginal Focus:</b> The medicine wheel is incorporated into the counselling sessions. Any aboriginal ceremony requested by the client is fully supported. Outside agencies are contacted to fulfill their request.</p>
<p><b>Residential/Non-residential:</b> Non-residential</p>	<p><b>Visitation Rights:</b> N/A</p>
<p><b>Counselling provided for:</b></p> <p>Non-psychiatric counselling for grief, trauma, addictions, anger management, and personal relationships, and IRS counselling.</p>	<p><b>Subsequent Referrals:</b> If the client requires psychiatric counselling or another form of counselling outside of her qualifications, she will make a referral (i.e., Dilico, Bidaabin).</p>
<p><b>Service Area:</b> NIHB: Thunder Bay, ON</p> <p>IRS: Northwestern Ontario</p>	<p><b>Location:</b> See above address.</p>
<p><b>Transportation:</b> Status Aboriginal persons provided with funding under the NIHB system are not eligible to be transported to Thunder Bay.</p> <p>Health Canada transports clients and escorts eligible for the IRS program. Escorts must be previously approved.</p> <p>Transportation coverage may include transportation, meals and accommodation for clients and escorts.</p>	<p><b>Cost:</b> There is no cost to the client, if they are eligible to receive NIHB.</p> <p>Should clients make an appointment and need to cancel and do not provide notice, they will be responsible for the cost of transportation.</p>
<p><b>Clients and the CJS:</b> Counselling can be part of a probation order, conditional sentence order, or a parole order. Margaret Bannon will work with each office, if needed. With signed releases of information, letters to a third party can be written (i.e., probation, parole, court).</p>	<p><b>Security:</b> No searches or drug tests are conducted.</p>

## Private Counsellor - Margaret Bannon, MSW, RSW

116 – 105 N. May St.

Thunder Bay, ON, P7C 3N9

T: (807) 622-3884

F: (807) 622-3880

E: margaretbannon@yahoo.com

<p><b>Management:</b></p> <p>Margaret Bannon</p> <p>Health Canada – Recognized Provider:</p> <p>Non-Insured Health Benefits (NIHB) Indian Residential School Survivors (IRS)</p>	<p><b>Programs:</b></p> <p>Health Canada:</p> <p>Short-term crisis intervention mental health counselling benefits – Non-Insured Health Benefits (NIHB)</p> <p>Indian Residential Schools Resolution Health Support Program (IRS)</p>
<p><b>Program Focus:</b> Individual counselling is available for grief, trauma, addictions, anger management personal relationships &amp; Indian Residential school survivors.</p>	<p><b>Program Duration:</b> Status Aboriginal: 15 – 20 hours within 6 month period</p> <p>Indian Residential School Survivor: Unlimited</p>
<p><b>Application:</b></p> <p>There is no formal application. Anyone interested can call-in to make an appointment. Margaret Bannon will also follow up on any referral made by a 3<sup>rd</sup> party.</p>	<p><b>Admission/Waitlist:</b></p> <p>If the applicant is a local resident, they will be admitted at the next available appointment.</p> <p>Health Canada - IRS requires two weeks to accommodate travel arrangements.</p> <p>If the client requires immediate assistance, they can pay up-front for their transportation and then be reimbursed for their costs. Clients are required to submit all travel receipts. See link for reimbursement form.</p> <p><a href="http://www.hc-sc.gc.ca/fniah-spnia/alt_formats/pdf/nihb-ssna/benefit-prestation/form-reimburse-rembourse2-eng.pdf">http://www.hc-sc.gc.ca/fniah-spnia/alt_formats/pdf/nihb-ssna/benefit-prestation/form-reimburse-rembourse2-eng.pdf</a></p>
<p><b>Eligibility:</b></p> <p>Children, youth, adult, and seniors are accepted.</p> <p>Status Aboriginals are required to provide their status card number to qualify for counselling.</p>	<p><b>Sobriety Requirements:</b></p> <p>No. The clients do not need to be drug or alcohol free to attend counselling appointments.</p>

<p>Health Canada – NIHB Eligibility: -Must be local and have a status card number</p> <p>Health Canada – IRS Eligibility: -Children and grandchildren of a residential school survivor -Those who have been raised by a survivor -Parents who are residing with a survivor</p> <p>The survivor's name, DOB, and the name of the IRS school attended must be provided.</p>	<p>If clients arrive to an appointment visibly under the influence of drugs and alcohol, their appointment is rescheduled.</p>
<p><b>Aboriginal Requirements:</b> None.</p>	<p><b>Aboriginal Focus:</b> The medicine wheel is incorporated into the counselling sessions. Any aboriginal ceremony requested by the client is fully supported. Outside agencies are contacted to fulfill their request.</p>
<p><b>Residential/Non-residential:</b> Non-residential</p>	<p><b>Visitation Rights:</b>N/A</p>
<p><b>Counselling provided for:</b> Non-psychiatric counselling for grief, trauma, addictions, anger management, and personal relationships, and IRS counselling.</p>	<p><b>Subsequent Referrals:</b> If the client requires psychiatric counselling or another form of counselling outside of her qualifications, she will make a referral (i.e., Dilico, Bidaabin). After the client is referred, Margaret Bannon can continue to provide additional support for non-psychiatric issues.</p>
<p><b>Service Area:</b> NIHB: Thunder Bay, ON</p> <p>IRS: Northwestern Ontario</p>	<p><b>Location:</b> See above address.</p>
<p><b>Transportation:</b> In special circumstances Margaret Bannon can make house calls within the city of Thunder Bay.</p> <p>Status Aboriginals provided with funding under the NIHB system are not eligible to be transported to Thunder Bay.</p>	<p><b>Cost:</b> There is no cost to the client, if they are eligible to receive NIHB.</p> <p>Should clients make an appointment and need to cancel and do not provide notice, they will be responsible for the cost of transportation.</p>

<p>Health Canada will only transport clients and escorts eligible for the IRS program. Escorts must previously approved.</p> <p>Transportation coverage may include transportation, meals and accommodation for clients and escorts.</p>	
<p><b>Clients and the CJS:</b> Counselling can be part of a probation order, conditional sentence order, or a parole order. Margaret Bannon will work with each office, if needed. With signed releases of information, letters to a third party can be written (i.e., probation, parole, court).</p>	<p><b>Security:</b> No searches or drug tests are conducted.</p>

## Catholic Family Development Centre (General Counselling)

380 Dufferin St

Thunder Bay, ON, P7B 1N6

T: (807) 345-7323

F: (807) 345-5141

W : catholicfamilycentre.ca/site

<b>Management:</b> Catholic Family Development Centre	<b>Program(s):</b> Healthy Lifestyles
<b>Program Focus:</b> General counselling services for individuals, families and couples.	<b>Program Duration:</b> Based on client's needs.
<b>Application:</b> Contact the Centre and speak to an intake worker. Referrals are also accepted.	<b>Admission/Waitlist:</b> None.
<b>Eligibility:</b> Must be in need of assistance and willing to seek help.	<b>Sobriety Requirements:</b> Yes, clients must be sober.
<b>Aboriginal Requirements:</b> None.	<b>Aboriginal Focus:</b> None.
<b>Residential?:</b> Non-residential.	<b>Visitation Rights:</b> Outpatient service.
<b>Counselling provided for:</b> -Stress                                -Trauma -Separation/Divorce               -Anxiety -Abuse/Violence                    -Parent/Teen Conflict -Career Changes                    -Marital Problems -Workplace                           -Social Problems -Sexual Offenders	<b>Subsequent Referrals:</b> No.
<b>Service Area:</b> No geographic limitations.	<b>Location:</b> See address above.
<b>Transportation:</b> None.	<b>Cost:</b> None.
<b>Clients and the CJS:</b> Clients involved in the criminal justice system are accepted.	<b>Security:</b> None.

## Catholic Family Development Centre (Men: First Step – PAR)

380 Dufferin St

Thunder Bay, ON, P7B 1N6

T: (807) 345-7323

F: (807) 345-5141

W : catholicfamilycentre.ca/site

<b>Management:</b> Catholic Family Development Centre	<b>Program(s):</b> First Step (PAR)
<b>Program Focus:</b> Program is designed for men who recognize the negative impact of their abuse and/or violent behaviour. The program is dedicated to motivating and empowering positive behavioural change in men's lives and relationships.	<b>Program Duration:</b> 14 week program.
<b>Application:</b> Contact the Centre and speak to an intake worker. Referrals are also accepted.	<b>Admission/Waitlist:</b> The program operates on admissions cycles. Therefore individuals are accepted based on the availability of the program.
<b>Eligibility:</b> Male possessing abusive/violent tendencies.	<b>Sobriety Requirements:</b> Yes, clients must be sober.
<b>Aboriginal Requirements:</b> None.	<b>Aboriginal Focus:</b> None.
<b>Residential/Non-residential:</b> Non-residential.	<b>Visitation Rights:</b> Outpatient service.
<b>Counselling provided for:</b> All issues related to abusive/violent behavioural tendencies, including: relationship, intergenerational harm, anger management.	<b>Subsequent Referrals:</b> No.
<b>Service Area:</b> No geographic limitations.	<b>Location:</b> See address above.
<b>Transportation:</b> None.	<b>Cost:</b> None.
<b>Clients and the CJS:</b> Clients involved in the criminal justice system are accepted. Individuals charged with Domestic Violence are frequently referred to the program.	<b>Security:</b> None.

## Catholic Family Development Centre (Men's Group: Sexual Assault)

380 Dufferin St

Thunder Bay, ON, P7B 1N6

T: (807) 345-7323

F: (807) 345-5141

W : catholicfamilycentre.ca/site

<b>Management:</b> Catholic Family Development Centre	<b>Program(s):</b> Male Survivors Program
<b>Program Focus:</b> Safe and confidential group therapy for men who have experienced sexual assault or sexual violence. Allows men to regain a sense of control over their lives by developing coping skills.	<b>Program Duration:</b> 13 week program run annual.
<b>Application:</b> Contact the Centre and speak to an intake worker. Referrals are also accepted.	<b>Admission/Waitlist:</b> The program operates on admissions cycles. Therefore individuals are accepted based on the availability of the program.
<b>Eligibility:</b> Male who experienced sexual assault.	<b>Sobriety Requirements:</b> Yes, clients must be sober.
<b>Aboriginal Requirements:</b> None.	<b>Aboriginal Focus:</b> None.
<b>Residential/Non-residential:</b> Non-residential.	<b>Visitation Rights:</b> Outpatient service.
<b>Counselling provided for:</b> All issues related to sexual abuse.	<b>Subsequent Referrals:</b> No.
<b>Service Area:</b> No geographic limitations.	<b>Location:</b> See address above.
<b>Transportation:</b> None.	<b>Cost:</b> None.
<b>Clients and the CJS:</b> Clients involved in the criminal justice system are accepted.	<b>Security:</b> None.



## Catholic Family Development Centre (Women's Group: RISK,WIT,Voices)

380 Dufferin St

Thunder Bay, ON, P7B 1N6

T: (807) 345-7323

F: (807) 345-5141

W : catholicfamilycentre.ca/site

<b>Management:</b> Catholic Family Development Centre	<b>Program(s):</b> -Recovery in Self-Knowledge Program (RISK) -Women in Transition Program (WIT) -Voices
<p><b>Program Focus:</b> Both programs are designed for women who were in abusive.</p> <p><u>RISK:</u> self-help/support group for women that encourages them to build on their own personal strengths and supports, and seeks to empower women to make their own life decisions.</p> <p><u>WIT:</u> group therapy for women to gain some different perspectives on their lives and the impact that violence has had on them. The sessions allow time for sharing their personal experiences while providing support and an educational component to assist in their healing process.</p> <p><u>Voices:</u> group therapy for women and children (age 4-16 years old) who have experienced domestic violence.</p>	<p><b>Program Duration:</b></p> <p>RISK: 12 weeks offered annually.</p> <p>WIT: 14 weeks offered annually.</p> <p>Voices: 10 weeks program.</p>
<b>Application:</b> Contact the Centre and speak to an intake worker. Referrals are also accepted.	<b>Admission/Waitlist:</b> The program operates on admissions cycles. Individuals are accepted based on the availability of the program.
<b>Eligibility:</b> Women who experienced violence or abuse in relationships.	<b>Sobriety Requirements:</b> Yes, clients must be sober.
<b>Residential?:</b> Non-residential.	<b>Visitation Rights:</b> Outpatient service.
<b>Counselling provided for:</b> All issues related to domestic violence and abuse.	<b>Subsequent Referrals:</b> No.
<b>Service Area:</b> No geographic limitations.	<b>Location:</b> See address above.
<b>Transportation:</b> None.	<b>Cost:</b> None.
<b>Clients and the CJS:</b> Clients involved in the criminal justice system are accepted.	<b>Security:</b> None.

## Thunder Bay Regional Health Sciences Centre (Mental Health Services)

980 Oliver Road

Thunder Bay, ON, P7B 6V4

T: (807) 345-7323

F: (807) 345-5141

W : [tbrhsc.net/programs-services/mental-health-program](http://tbrhsc.net/programs-services/mental-health-program)

<b>Management:</b> Thunder Bay Regional Health Sciences Centre	<b>Program(s):</b> -Adult Mental Health Services -Forensic Mental Health Services -Northwestern Ontario Sexual Behaviours Program
<b>Program Focus:</b>  <u>Adult Mental Health Services:</u> 30 bed short term stabilization unit which provides assessment, treatment and rehabilitation to persons with mental health issues. <u>Forensic Mental Health:</u> 20 bed in patient service. Fulfill legal requirements for court ordered assessments of persons with possible psychiatric disorders. Assess, treat and rehabilitate clients. Make recommendations to the court. <u>Sexual Behaviors Program:</u> Outpatient service which provides assessment, treatment and rehabilitation of sexual behaviors in individual and group sessions.	<b>Program Duration:</b> Based on Client's needs, court order and treatment plan.
<b>Application:</b> Referrals are accepted. Contact the centre, show up in person. Forensic Mental Health program patients must be court-ordered.	<b>Admission/Waitlist:</b> None.
<b>Eligibility:</b> Must meet the program mandates.	<b>Sobriety Requirements:</b> Yes, clients must be sober.
<b>Aboriginal Requirements:</b> None.	<b>Aboriginal Focus:</b> None.
<b>Residential/Non-residential:</b> Non-residential.	<b>Visitation Rights:</b> <u>Forensic Mental Health:</u> Visitations are allowed at specified times daily. Must contact the Centre and confirm attendance.
<b>Counselling provided for:</b> specific issues.	<b>Subsequent Referrals:</b> Yes.
<b>Service Area:</b> Northwestern Ontario: from Manitoba border to White River.	<b>Location:</b> See address above.

<b>Transportation:</b> None.	<b>Cost:</b> None.
<b>Clients and the CJS:</b> Clients involved in the criminal justice system are accepted.	<b>Security:</b> None.

## Alpha Court (Long Term Case Management – Ooshke Bemahdesewin)

221 Wilson Street

Thunder Bay, Ontario, P7B 1M7

T: (807) 683-8200

F : (807) 683-8225

W : alphacourt.ca

<b>Management:</b> Alpha Court	<b>Program:</b> Ooshke Bemahdesewin
<b>Program Focus:</b> Provides goal-oriented, culturally competent rehabilitative services to Aboriginal adults with a mental illness or concurrent disorder.	<b>Program Duration:</b> Based on client needs.
<b>Application:</b> Must complete an intake form and return to Alpha Court. <a href="http://www.alphacourt.ca/upload/documents/request-for-services.pdf">http://www.alphacourt.ca/upload/documents/request-for-services.pdf</a>	<b>Admission/Waitlist:</b> None.
<b>Eligibility:</b> Must be 16 years or older, Aboriginal and suffering from a mental illness or concurrent disorder.	<b>Sobriety Requirements:</b> Clients must be sober.
<b>Aboriginal Requirements:</b> Yes.	<b>Aboriginal Focus:</b> Yes.
<b>Residential/Non-residential:</b> Non-residential.	<b>Visitation Rights:</b> N/A
<b>Counselling provided for:</b> referrals to appropriate counselling services.	<b>Subsequent Referrals:</b> Yes.
<b>Service Area:</b> City of Thunder Bay	<b>Location:</b> See address listed above.
<b>Transportation:</b> None.	<b>Cost:</b> None.
<b>Clients and the CJS:</b> Clients involved in the criminal justice system are accepted and the program can form part of a sentencing order. Letters can be written to lawyers, courts, etc.	<b>Security:</b> None.

## Alpha Court (Short Term Case Management – Rapid Response Intervention)

221 Wilson Street

Thunder Bay, Ontario, P7B 1M7

T: (807) 683-8200

F : (807) 683-8225

W : alphacourt.ca

<b>Management:</b> Alpha Court	<b>Program:</b> -Rapid Response MHAT -Rapid Response Corrections
<b>Program Focus:</b> Individuals being diverted from a hospital stay or discharged from stage of conflict with the criminal justice system will receive support for mental health, housing and more needs.	<b>Program Duration:</b> Based on client needs.
<b>Application:</b> Must complete an intake form and return to Alpha Court. <a href="http://www.alphacourt.ca/upload/documents/request-for-services.pdf">http://www.alphacourt.ca/upload/documents/request-for-services.pdf</a>	<b>Admission/Waitlist:</b> None.
<b>Eligibility:</b> Must be 16 years or older, suffering from a mental illness or concurrent disorder.	<b>Sobriety Requirements:</b> Clients must be sober.
<b>Aboriginal Requirements:</b> No.	<b>Aboriginal Focus:</b> Yes, Aboriginal programming can be incorporated.
<b>Residential/Non-residential:</b> Non-residential.	<b>Visitation Rights:</b> N/A
<b>Counselling provided for:</b> referrals to appropriate counselling services.	<b>Subsequent Referrals:</b> Yes.
<b>Service Area:</b> City of Thunder Bay	<b>Location:</b> See address listed above.
<b>Transportation:</b> None.	<b>Cost:</b> None.
<b>Clients and the CJS:</b> Yes.	<b>Security:</b> None.

## Ontario Native Women's Association (Community Wellness-Family Support)

Head office: 150 City Road, PO Box 15-684 City Road

Fort William First Nation, ON, P7J1J7

T: (807) 577-1492, Toll free: 1-800-667-0816

Satellite office: 380 Ray Boulevard,

Thunder Bay, Ontario, P7B 4E6

T: (807) 623-3442

F : (807) 623-1104

E : JusticeCoordinator@onwa.ca

W : onwa.ca/justice-program

<b>Management:</b> Ontario Native Women's Association.	<b>Program:</b> Community Wellness Program
<b>Program Focus:</b> Community wellness workers work one-on-one with families experiencing family violence to develop a plan of action for identified concerns.	<b>Program Duration:</b> Based on client needs.
<b>Application:</b> Contact ONWA and schedule an intake.	<b>Admission/Waitlist:</b> None.
<b>Eligibility:</b> Must be a family experiencing violence.	<b>Sobriety Requirements:</b> Clients who appear visibly intoxicated will be re-scheduled.
<b>Aboriginal Requirements:</b> Yes.	<b>Aboriginal Focus:</b> Yes.
<b>Residential/Non-residential:</b> Non-residential.	<b>Visitation Rights:</b> N/A
<b>Counselling provided for:</b> violence, abuse, trauma, inter-generational harm.	<b>Subsequent Referrals:</b> Yes.
<b>Service Area:</b> Thunder Bay, Kenora and Dryden	<b>Location:</b> Thunder Bay, Kenora and Dryden
<b>Transportation:</b> None.	<b>Cost:</b> None.
<b>Clients and the CJS:</b> Clients involved in the criminal justice system are accepted and the program can form part of a sentencing order. Letters can be written to lawyers, courts, etc.	<b>Security:</b> None.

## **Drug and Alcohol Treatment Centres**

### **Balmoral Centre**

St. Joseph's Care Group  
 667 Sibley Care Group  
 Thunder Bay, ON, P7B 5G7  
 T: (807) 623-6515  
 F: (807) 623-4988  
 E: beazleym@tbh.net  
 Website: www.sjcg.net

<b>Management:</b> Balmoral Centre	<b>Program(s):</b> Alcohol and Drug Withdrawal Management
<b>Program Focus:</b> Short term, pre-treatment stabilization centre (detox).	<b>Program Duration:</b> Length of stay is based on what is required to stabilize the patient.
<b>Application:</b> Applicant must register over the phone or in person.  Self-referrals & 3 <sup>rd</sup> party referrals are accepted.	<b>Admission/Waitlist:</b> Admission is based on bed availability. Clients are admitted 24 hours a day. Waitlist for males is usually 24 hours and 48 hours for females.
<b>Eligibility:</b> Men and women are accepted. Clients must be 16+ Sex and violent offenders are admitted. Applicants suffering from FASD are admitted.	<b>Sobriety Requirements:</b> Client must be in a state of intoxication or withdrawal to be admitted.
<b>Aboriginal Requirements:</b> None.	<b>Aboriginal Focus:</b> None.
<b>Residential/Non-residential &amp; Capacity:</b> Residential service. 22 beds total. Clients are not allowed to leave the facility unless it is for a pre-approved purpose; medical appointments, religious activity, court hearing, counselling appointment, or for an aboriginal ceremony. Client must be picked up by a chaperone who is also participating in the outside activity to leave the centre.	<b>Visitation Rights:</b> Family and friends are allowed to visit, but they must be cleared by a team leader for sobriety.
<b>Counselling provided for:</b> Alcohol and drug addictions.	<b>Subsequent Referrals:</b> Yes, subsequent referrals are provided for further counselling, residential treatment, and transitional housing.
<b>Service Area:</b> No geographic limitation.	<b>Location:</b> See address above.
<b>Transportation:</b> Not provided.	<b>Cost:</b> Funded by the Local Health Integration Network (formerly the Ministry of Health).

<p><b>Clients &amp; the CJS:</b></p> <p>Clients in custody are admitted, if they have a release date and if they have an entry date for another residential treatment program (i.e., Crossroads pre-treatment program).</p>	<p><b>Security:</b> Residents are searched upon entering the treatment centre. Random urinalysis drug testing is conducted if the resident is suspected of using while out in the community.</p> <p>If the resident uses any illicit drug inside of the treatment centre they are dismissed from the program. If they use during an outside visitation, they are allowed to re-enter the program.</p>
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## Beendigen Inc.

### Healing Our Own Counselling Unit

112 Ontario St.

Thunder Bay, ON, P7B 3G2

T: (807) 344-9579

F: (807) 344-9633

E: karen@beendigen.com, joanne@beendigen.com, diane@beedigen.com

Website: www.beendigen.com

<b>Management:</b>  Beendigen Inc.	<b>Program(s):</b>  Healing Our Own Counselling Unit National Native Alcohol and Drug Addiction Program (NNADAP) Court approved Anger Management for women Living Free from Violence Family Court Support Worker Sexual Abuse Healing Program Sacred Circle Program (Weekly)
<b>Program Focus:</b> Counselling for all types of trauma, domestic violence, sexual abuse, mental wellness, anger management, and for all substance abuse issues/treatment planning.	<b>Program Duration:</b> Short and long-term counselling available, depending on the needs of the client. No time limitation is set.
<b>Application:</b> Applications are made over the phone or in person. Self-referrals and third party referrals are accepted.	<b>Waitlist:</b> No waitlist. Sessions begin on the first available appointment with a counsellor. Drop-in counselling sessions are available every Friday.
<b>Eligibility:</b> Women only. Men are not accepted. Clients must be 15+ (Some exceptions apply). Applicants suffering from FASD are accepted. Applicants are screened to ensure the safety of all counselling clients is not jeopardized.	<b>Sobriety Requirements:</b> Clients need to be substance free while they access counselling. Zero tolerance in the building. Sobriety is required to reside in crisis home. Drug tests are not conducted onsite.
<b>Aboriginal Requirements:</b> Aboriginal and non-aboriginal clients are accepted.	<b>Aboriginal Focus:</b> Clients are given access to Elders and sweat lodges. Counselors are trained in traditional aboriginal healing methods. An Ojibway translator is onsite.
<b>Residential/Non-residential:</b> Non-residential. Outpatient service.	<b>Visitation Rights:</b> Family and friends are allowed to attend counsellor appointments, but it is not recommended due to confidentiality issues.
<b>Counselling provided for:</b> Three trauma counsellors are available onsite for all types of child/adult trauma, addictions, sexual	<b>Subsequent Referrals:</b> If necessary, residents are referred to a subsequent program(s).

abuse/assault, mental wellness, and anger management.	
<b>Service Area:</b> No geographic limitation.	<b>Location:</b> See address above.
<b>Transportation:</b> Transportation is not provided for the initial appointment. Bus tickets are provided for their return home, if needed, and their next appointment, at every session. Onsite childcare is available during their appointment if needed.	<b>Cost:</b> Funded by the Ministry of Community and Social Services and the Ministry of Health.
<b>Clients &amp; the CJS:</b> Counselling can be referred as part of a probation order or a conditional sentence order. Counsellors are able to provide verification letters to support their court appearances stating whether the client is suitable for a residential treatment program in lieu of custody. Clients who are in custody are provided assistance in entering a treatment program as a part of a parole agreement, through outreach or another visiting agency.	<b>Security:</b> No luggage or body searches are conducted.

## Crossroads Centre Inc.

PO Box 21116

580 Algoma St. N, Wing H

Thunder Bay, ON

P7A 8A7

T: (807) 622-2730

F: (807) 622-7587

E: (807) kathy@crossroadscentre.ca

W: www.crossroadscentre.ca

<b>Management:</b> Crossroads Centre Inc.	<b>Programs:</b> Pre-Treatment & Post-Treatment Services
<b>Program Focus:</b> 12 step responsibility based program for chronic alcohol and drug users who require serious intervention. Program does not target solvent users.	<b>Program Duration:</b> Pre-Treatment: Four to ten weeks - Varies on the entry date of the main treatment program.  Post-Treatment: Up to one year.
<b>Application:</b> Self and third-party referrals are accepted. Applicants need to complete the alcohol and drug assessment tool (ADAT) test.	<b>Admission/Waitlist:</b> Client admission is continuous. There is no admission date.
<p><b>Eligibility:</b> Men and women are accepted. Must be 18+</p> <p>Past sex and violent offenders are accepted depending, initially, on how much they accept responsibility for their crimes and secondly, the risk they pose to other residents.</p> <p>Applicants with FASD are eligible depending on their level of cognitive functioning and physical independence. It is important the applicant is able to follow a schedule and can bathe independently since there are no PSW's onsite.</p> <p>Facility is not fully wheelchair accessible.</p> <p>To enter into the Pre-Treatment program, the client needs to have acquired a main treatment services date with another facility.</p> <p>Clients prescribed methadone and suboxone are accepted.</p> <p>Any other prescribed narcotics are not permitted (i.e., benzodiazepines, valium, atavan, and medical marijuana).</p>	<b>Sobriety Requirements:</b> Minimum stay of 5 days in a detox facility prior to entering the Pre-Treatment Service is required.

<b>Aboriginal Requirements:</b> None. Open to all.	<b>Aboriginal Focus:</b> Traditional aboriginal cultural ceremonies are provided by third party agencies.
<b>Residential/Non-residential:</b> Residential program. 28 bed facility; 10 - women & 18 - men.	<p><b>Visitation:</b> Sober family and friends are permitted to visit.</p> <p>Residents in the Pre-Treatment Program are allowed to leave by using the Buddy System; accompanied by another resident.</p> <p>Residents in the Post-Treatment Program are permitted to leave independently, but they cannot visit any establishment that serves alcohol.</p>
<b>Counselling provided for:</b> Physical, mental, emotional, spiritual, and sexual abuse. PTSD, alcohol and drug addictions and anger management. All counsellors are accredited by an approved educational institution.	<b>Subsequent Referrals:</b> Not provided.
<b>Service Area:</b> Focused primarily on serving the city of Thunder Bay and the surrounding area and north western Ontario; in that respective order.	<b>Location:</b> See above address.
<b>Transportation:</b> Not provided. Crossroads will assist the client in applying to Non-Insured Health Benefits to cover transportation costs.	<p><b>Cost:</b> Program is covered by OHIP, if the client does not have a source of income or is receiving Ontario Works or Ontario Disability Support Program.</p> <p>If the client is receiving any source of income, such as EI, than the cost is determined based on the amount of that income.</p>
<b>Clients and the CJS:</b> Crossroads does not write letters to the court and does not work with the Probation office. However, they do accept clients who are on probation and conditional sentence orders. It is more conducive for the program to be part of a federal parole agreement, based on their available resources, than a provincial parole agreement.	<p><b>Security:</b> No luggage or body searches are conducted when entering the program.</p> <p>Room searches are conducted if necessary.</p>

## Ka Na Chi Hih

Specialized Solvent Abuse (and other drug) Treatment Centre

1700 Dease St., P7C 5H4

T: (807) 623-5577

F: (807) 623-5588

E: jwilhelm@kanachihih.ca

Website: www.kanachihih.ca

<b>Management:</b> Ka Na Chi Hih	<b>Program(s):</b> Specialized Solvent Abuse Treatment
<b>Program Focus:</b>  Treatment for chronic solvent abusers. Solvent abuse could be the secondary or tertiary issue (i.e., alcohol and cocaine are the primary and secondary issue).	<b>Program Duration:</b>  <u>Phase I:</u> 4 months - Core Group Program; Coping Skills, Relapse Prevention, Living and Life Skills.  <u>Phase II:</u> 20 months - Individualized Treatment Plan; Education, Developing life skills, Exercising self-help groups, and Obtaining job skills through a volunteer program.
<b>Application:</b> Self and third party referrals are accepted. Complete referral package can be found on the website.  <a href="http://www.kanachihih.ca/upload/documents/referralpkg.pdf">http://www.kanachihih.ca/upload/documents/referralpkg.pdf</a>	<b>Timetable/Waitlist:</b>  Client admission is continuous. Wait time is usually 4 weeks, but can vary from 2 - 6 weeks.
<b>Eligibility:</b> Only men are accepted. Preference will be given to those between the ages of 16-25, but all are welcome to apply. Serious sex and violent offenders are not recommended, but an applicant's criminal history is not initially requested; it is not part of the application process. Applicants suffering from FASD are eligible.	<b>Sobriety/Drug Requirements:</b> 72 hours of sobriety before arriving is recommended. A detox area is available at the centre to allow the residents to meet that standard.  If residents are found using during the program, they are not automatically discharged from the facility. Infractions are assessed on an individual basis.
<b>Aboriginal Requirements:</b> All are welcome. Status card is not required.	<b>Aboriginal Focus:</b> The program uses a contemporary and a traditional focus. Additional cultural programming is provided both on and off site; a teepee, a sweat lodge, pow wows, naming ceremonies, fasting, teachings, closing circles, ceremonies and a cultural room is available to the residents. A morning circle is administered daily within the cultural room. It is mandatory for all residents to attend the cultural components, but participation is not mandatory.

<p><b>Residential/Non-residential &amp; Capacity:</b></p> <p>Residential program. 12 bed facility.</p>	<p><b>Outside Visitation/Contact Rights:</b></p> <p>Family and friends are allowed to visit, but they must contact the counsellor beforehand.</p> <p>Not a secure facility. Residents are not prevented from leaving.</p> <p><u>Phase I:</u> Residents are not able to leave the facility. If they leave the premises, they will be considered to be absent without leave (AWOL). The Thunder Bay police will be called and they will be reported as a missing person.</p> <p><u>Phase II:</u> Residents have the opportunity to earn leave rights. If they show progress in their treatment plan, they earn outside visitation privileges; hours allowed to be spent outside of the facility. However, each resident is assessed to determine any geographic area that may trigger a relapse (i.e., Residents are then required to avoid these areas).</p>
<p><b>Counselling provided for:</b> Physical, mental, emotional, spiritual, and sexual abuse. PTSD, alcohol and drug addictions and anger management. Two counsellors are available onsite.</p>	<p><b>Subsequent Referrals:</b> Subsequent referrals are provided throughout the program to avoid the waitlist of another program. Clients are referred to Ontario Works, Ontario Disability Support Program, Children's Aid Society, and housing services.</p>
<p><b>Service Area:</b> None.</p>	<p><b>Location:</b> See above address.</p>
<p><b>Transportation:</b></p> <p>Not provided. Non-Insured Health Benefits (NIHB) will cover transportation costs. It is recommended that a social worker assist the NIHB transportation application, if the client has difficulty submitting the application.</p>	<p><b>Cost:</b> Funded by the First Nations and Inuit Health Branch - Health Canada.</p>
<p><b>Clients and the CJS:</b></p> <p>The administrators will work with lawyers, probation and parole officers and the program</p>	<p><b>Security:</b></p> <p>Cameras record the premises 24 hours a day. When residents first enter the program an item</p>

<p>itself can be used in lieu of a custodial sentence. Although it is not a secure facility. Clients are not physically prevented from leaving.</p>	<p>checklist is filed to record possession of personal property and to prevent contraband from entering the premises.</p> <p>When residents leave the facility, they may be searched upon their return. If needed random room searches and drug tests are conducted.</p> <p>If residents are found attempting to bring any unapproved item into the facility, they are not automatically discharged from the program. Infractions are assessed on an individual basis.</p> <p>Safety is the primary concern.</p>
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## Kwae Kii Win Centre

420 George St. S.

T: (807) 623-8182 - Office or (807) 631-7563 - Brad King Direct Line

F: (807) 622-6328

E: brad.king@shelterhouse.on.ca

Website: www.shelterhouse.on.ca

<b>Management:</b>  Shelter House - Kwae Kii Win Centre	<b>Program(s):</b>  Managed Alcohol Program
<b>Program Focus:</b>  Non-secure residency program focusing on those with severe alcohol dependency. Alcohol is served to the residents in regular intervals. Abstinence is not a goal of the residence program.	<b>Program Duration:</b>  At the discretion of the resident. May be indefinite.
<b>Application:</b>  Self-referrals and their party referrals are accepted.	<b>Admission/Waitlist:</b>  Continuous admission. Applicants who are in the most need and the most vulnerable are given priority.
<b>Eligibility:</b>  Men and women are accepted. Targeting those 30+ Must have a severe dependency to alcohol and determined to be a vulnerable person on the street. Sex offenders and violent offenders are not recommended, as it is an unsecure and a communal environment. Applicants suffering from FASD have to be able to function independently. Nursing staff is not available on site and it is not a medical facility.	<b>Sobriety Requirements:</b>  None. Applicants can be intoxicated upon entering the program.
<b>Aboriginal Requirements:</b>  None. Open to all.	<b>Aboriginal Focus:</b>  Aboriginal activities are provided on a limited basis; Elder visitations and some crafts. Program is not designed to substantially include an Aboriginal aspect.



<b>Residential/Non-residential &amp; Capacity:</b>  Residential program. 15 bed capacity.	<b>Visitation Rights:</b>  Residents are free to leave at any time. As family members and friends are not searched upon entry, visitations are not recommended to prevent alcohol being brought into the facility. It is recommended that visitations take place outside of the facility.
<b>Counselling provided for:</b>  Limited counselling is available. Counsellors are onsite for one to two hours, every one to two weeks. Counselling is provided for all forms of abuse, trauma, alcohol addiction, and drug addiction.	<b>Subsequent Referrals:</b>  The centre does provide subsequent referrals to other agencies, if necessary (i.e., housing).
<b>Service Area:</b>  No geographic limitations.	<b>Location:</b>  See above address.
<b>Transportation:</b>  Street Outreach Services Team (SOS) (see profile) can provide transportation to current residents of Kwae Kii Win. Additionally, SOS provides transportation to residents of Thunder Bay who do not have access to any other form of transportation and are in a vulnerable position; publicly intoxicated.  T: (807) 620-SOST (6328)	<b>Cost:</b>  Geared to the resident's income.
<b>Clients and the CJS:</b>  The centre cannot be a part of a probation, conditional sentence, or parole agreement. Administrators remind residents of any court appointments.	<b>Security:</b>  Bags are searched upon entering the program. Room searches are conducted, if necessary.

## Sister Margaret Smith Centre

St. Joseph's Care Group

301 Lillie St. N

T: (807) 684-5100

F: (807) 622-1779

E: [schmidtl@tbh.net](mailto:schmidtl@tbh.net) (Adult Males), [towells@tbh.net](mailto:towells@tbh.net) (Women & Youth)

Website: [www.sjcg.net](http://www.sjcg.net)

<p><b>Management:</b></p> <p>Sister Margaret Smith Centre Adult Addictions and Problem Gambling</p>	<p><b>Program(s):</b></p> <p><u>Adult</u> Individual Counselling</p> <p>Group Therapy</p> <p>Intensive Residential Treatment</p> <p>Local applicants are required to attend <i>Explorations</i>, before entering the residential treatment program.</p> <p><i>Exploration</i> is a one month long educational program, and is administered before entering the program twice a week; Tues and Fri morning from 9:30 am to 11:30 am.</p> <p><u>Youth</u></p> <p>U-Turn Residential Intensive Treatment Program</p>
<p><b>Program Focus:</b></p> <p><u>Adult</u> The residential treatment program is specifically designed to meet the needs of men, women, and youth by understanding the different ways information is learned and processed.</p> <p>The program focuses on understanding the complexity of the human condition as it relates to recovery from addictions.</p> <p>A holistic model of treatment is implemented. The treatment program focuses on assisting residents in their self-discovery, understanding their own addiction, identifying challenges, and learning and practicing new life skills.</p>	<p><b>Program Duration:</b></p> <p><u>Adult</u> Individual Counselling – Indefinite</p> <p>Group Therapy – Indefinite</p> <p>Adult Intensive Residential Treatment: 28 Days</p> <p><i>Explorations</i> (educational component) occurs just prior to entering the program, and is one month in duration.</p> <p>Counselling appointments are available prior to entering <i>Explorations</i> and may be required to determine an applicant's level of dedication towards the program/rehabilitation.</p>

<p><u>Youth</u></p> <p>The program uses dialectical behavioural therapy to teach distress tolerance, mindfulness, coping strategies, and breathing techniques.</p> <p>During the afternoon, educational courses are offered. Youth are able to earn 2-3 high school credits.</p>	<p><u>Youth</u></p> <p>U-Turn Residential Treatment: 28 Days</p> <p>Youth are not required to complete the <i>Explorations</i> education program before entering residential treatment.</p>
<p><b>Application:</b></p> <p><u>Adult</u></p> <p>No self-referrals are accepted. Only third party referrals are accepted with the majority coming from the Thunder Bay Counselling Centre. Referrals will be accepted by any organization able to perform the Alcohol and Drug Assessment Tool (ADAT) on the applicant. Older adult referrals are accepted direct from the client or a referring agency (55+).</p> <p><u>Youth</u></p> <p>No self-referrals are accepted. The Circumstances, Motivations, and Readiness Scales (U-Turn) application must be completed by a counsellor. The application assesses the youth's needs. The ADAT is not conducted on the youth.</p>	<p><b>Timetable/Waitlist:</b></p> <p><u>Adult</u></p> <p>Intensive Residential Treatment: 6-10 weeks</p> <p><u>Youth</u></p> <p>U-Turn Residential Treatment: 1 month on average – 2 months max</p>
<p><b>Eligibility:</b></p> <p><u>Adult</u></p> <p>Men and women are admitted. Past violent and sex offenders will be assessed on an individual basis. Those who have committed extreme violent and sex crimes will likely not be admitted. Those who have committed crimes against children will not likely be admitted. Psychological evaluations will be conducted to determine an applicant's level of risk.</p> <p>Residents taking methadone are accepted, but it is not permitted on site. Transportation to methadone clinics is provided on a daily basis.</p> <p>Youth Program: 15-19 Adult Program: 19+</p>	<p><b>Sobriety Requirements:</b></p> <p><u>Adult</u></p> <p>Applicants are required to be sober for at least one week prior to entering the program.</p> <p><u>Youth</u></p> <p>Youth are required to be sober upon entering the program. If they are suspected of being under the influence they are sent to detox.</p>

<p><u>Youth</u> Age limitations: 16-19 Past criminal history is a factor in the application process. Severe criminality is assessed on a case-by-case basis, in regards to determining eligibility.</p>	
<p><b>Aboriginal Requirements:</b></p> <p><u>Adult &amp; Youth</u> None. Open to all.</p>	<p><b>Aboriginal Focus:</b></p> <p><u>Adult</u> Aboriginal ceremonies are provided on a limited basis; healing circles, smudges, and sweet grass.</p> <p><u>Youth</u> A sacred space is provided for the youth. Upon request, a cultural component is implemented into their program. Elders provide traditional teachings and smudges regularly.</p>
<p><b>Residential/Non-residential &amp; Capacity:</b></p> <p><u>Adult</u> The men's and women's residential facility each hold 2 beds for those with a gambling issue, 10+ beds for those with a drug and/or alcohol addiction and 1 reserved for private clients. 28 beds total.</p> <p><u>Youth</u> 10-11 bed capacity.</p>	<p><b>Outside Visitation/Contact Rights:</b></p> <p><u>Adult</u> Family and friends are permitted to visit but they first must register with a counsellor and only during designated hours.</p> <p>Residents are given outside visitation rights after the first 10 days of being in the program. Eventually they are allowed to be alone throughout the outside visitation.</p> <p><u>Youth</u> Residents are permitted family visitations and are regularly taken out in the community. The youth participate in many activities, such as recreational outings, bowling, and nature walks.</p>
<p><b>Counselling provided for:</b></p> <p><u>Adult</u> The centre provides counselling for alcohol, drug addictions, and problem gambling addictions. Counselling for abuse trauma or PTSD is outsourced to the St. Joseph's Health Centre, but it is provided within the facility.</p> <p><u>Youth</u></p>	<p><b>Subsequent Referrals:</b></p> <p><u>Adult</u> If necessary, subsequent referrals are provided by the counsellors.</p> <p><u>Youth</u> Access to subsequent referrals within partnering agencies is provided.</p>

<p>Nine youth are assigned to each counsellor. Counselling is provided for grief and loss, trauma, and substance addictions.</p>	
<p><b>Service Area:</b></p> <p>Catchment area is from Thunder Bay to the Manitoba border.</p>	<p><b>Location:</b></p> <p>See above address.</p>
<p><b>Transportation:</b></p> <p><u>Adult &amp; Youth</u> Transportation to and from Thunder Bay is the responsibility of the resident and the family. Once admitted into the program, local transportation is provided.</p>	<p><b>Cost:</b></p> <p><u>Adult</u> Funded by the Ministry of Health and Long-Term Care.</p> <p><u>Youth</u></p>
<p><b>Clients and the CJS:</b></p> <p><u>Adult</u> In custody applications are made through the Thunder Bay Counselling Centre. Applicants who are on probation or who are out on parole may be admitted. If there is a chance the applicant can be given a custodial sentence, they may not be admitted. Applicants must complete their criminal trial before they can enter the program.</p> <p><u>Youth</u> The U-Turn program is strongly focused on working with youth who are involved in the CJS. They regularly work with youth who are in custody at Creighton and JJ Kelso. Previously, youth have been transferred from custody into the U-Turn program and then returned back into custody.</p> <p>With the consent of the Crown, defence counsel and the court, the program can help reduce the amount of time given at sentencing. U-Turn can be a part of a conditional sentence or a probation order. Counsellors are willing to work with probation officers.</p>	<p><b>Security:</b></p> <p><u>Adult</u> Residents and their luggage are searched upon entering the program. Rooms are searched, if necessary. Residents are searched and given a drug screening test when they return from an outside visitation. Random drug tests are conducted, if necessary.</p> <p>If the resident fails a drug screening test while in the program, the counsellors will assess the infraction on an individual basis. The resident may be discharged, but usually they will be sent to detox and given another opportunity to return to the program.</p> <p><u>Youth</u> Luggage and bags are searched upon entering the program. Random room checks and urine drug tests are conducted.</p>

## Teen Challenge

PO Box 10443

401 Syndicate Ave S

Thunder Bay, ON, P7B 6T8

T: (807) 345-2873

C: (807) 252-6909

F: 800-322-9230

E: [robby@teenchallenge.tc](mailto:robby@teenchallenge.tc)

<p><b>Management:</b></p> <p>Teen Challenge</p>	<p><b>Program(s):</b></p> <p>Christian Discipleship Bible Program (Described as an amalgamation of a church, a bible school, a boot camp and a jail).</p>
<p><b>Program Focus:</b></p> <p>Teen Challenge assists any adult struggling with life controlling addictions; alcohol, drugs, sex, gambling, tobacco addiction, and gang membership. It is a highly regimented and structured program. Applicants are expected to abide by a Christian lifestyle and to follow biblical values; no sex, no swearing, no alcohol/drugs, no smoking, no aggression, etc.</p> <p>If the client would like to participate in a more northern or rural lifestyle, they are sent to the facility in Flin Flon.</p>	<p><b>Program Duration:</b></p> <p>1 year minimum.</p>
<p><b>Application:</b></p> <p>Self-referrals and third-party referrals are accepted.</p> <p>Apply Online: <a href="http://www.teenchallenge.mb.ca/index.cfm?i=6935&amp;mid=26&amp;fid=3995">http://www.teenchallenge.mb.ca/index.cfm?i=6935&amp;mid=26&amp;fid=3995</a></p>	<p><b>Admission/Waitlist:</b></p> <p>Continuous admission process. Wait list ranges from several days to 1 month for Teen Challenge - Central Canada.</p>
<p><b>Eligibility:</b></p> <p>Men and women are accepted. Sex offenders are not accepted at the Winnipeg and Flin Flon facilities.</p> <p>Child sex offenders are not accepted at the Thunder Bay facility. Sex offenders who have not victimized children are assessed on an individual basis at the Thunder Bay facility.</p>	<p><b>Sobriety Requirements:</b></p> <p>Clients do not need to be sober at the moment of entry. An independent ability to function is necessary to be admitted. Clients who are mildly intoxicated will be admitted, but those who extremely intoxicated will need to be detoxed (i.e., Balmoral Centre).</p>

<p>Applicants suffering from FASD are accepted, but their success rate is low.</p> <p>Those between the ages of 18-65 are accepted but applicants between the ages of 18-45 are given priority.</p>	
<p><b>Aboriginal Requirements:</b></p> <p>The program is open to all.</p>	<p><b>Aboriginal Focus:</b></p> <p>Not incorporated into the program.</p>
<p><b>Residential/Non-residential &amp; Capacity:</b></p> <p>Thunder Bay - Residential facility</p> <ul style="list-style-type: none"> <li>• Men - 8 beds</li> <li>• Women - 0 beds</li> </ul> <p>Winnipeg - Residential facility</p> <ul style="list-style-type: none"> <li>• Men - 30 beds</li> <li>• Women - 8 beds</li> </ul> <p>Flin Flon - Residential facility</p> <ul style="list-style-type: none"> <li>• Men - 10 beds</li> <li>• Women - 0 beds</li> </ul>	<p><b>Outside Visitation/Contact Rights:</b></p> <p>Residents are permitted 2 fifteen minute phone calls each week. After 1 month residents are allowed visitation rights. Visitors must be approved by a supervisor. Visitors &amp; Chaperones must support the resident in abiding by a Christian lifestyle and biblical values or the visitation will not be approved.</p> <p>Outside visitation rights increase as clients progress through the program:</p> <p>60 Days - 6 hours  Month 5 &amp; 6 - 12 hours  Month 7 &amp; 8 - 24 hours  Month 9, 10, 11, &amp; 12 - 48 hours</p> <p>Residents must have a chaperone during the outside visitation. All chaperones must be pre-approved by a supervisor. Residents must submit an itinerary detailing where they are going and how much time they will spend at each location.</p>
<p><b>Counselling provided for:</b></p> <p>Mainstream counselling is not provided.</p> <p>Pastors are available 40 hours a week and residents are expected to complete 1 hour of biblical mentoring per week.</p>	<p><b>Subsequent Referrals:</b></p> <p>Before leaving the program, clients are assisted with an exit plan to help them reintegrate into society. Referrals are provided to help with their plan.</p>

<b>Service Area:</b>  No geographic limitations.	<b>Location(s):</b>  Teen Challenge – Central Canada is located in Flin Flon, Winnipeg, and Thunder Bay.
<b>Transportation:</b>  If the client has no other means of getting to the facility, transportation costs may be provided by Teen Challenge - Central Canada.  Transportation is provided for the client if they are transferred to another Teen Challenge location.	<b>Cost:</b>  A one-time \$1000 admission fee is required. Residents work unpaid labour positions to cover the cost of the program; construction, landscaping, and millwork.  No government assistance is provided.
<b>Clients and the CJS:</b>  Teen Challenge will not be a surety, but they will work with probation or parole to assure the resident is abiding by their bail conditions or parole conditions.	<b>Security:</b>  Random urine analysis tests are conducted. Luggage is searched upon entering the program. Cameras are located throughout the facility, but not in the bedrooms or washrooms.



## Three C's Reintroduction Centre

226 Dog Lake Rd, RR 12

Thunder Bay, ON, P7G 2G2

T: (807) 767-4172

F: (807) 768-9182

E: vick99@tbaytel.net

Website: N/A

<b>Management:</b>  Three C's Reintroduction Centre	<b>Program(s):</b>  12 Step Abstinence Based Psychosocial Program Life Skills Relapse Prevention Group Therapy Drug and Alcohol Counselling
<b>Program Focus:</b>  Post-treatment program residence facility focusing on reintroducing their clients to independent living. The program targets chronic addictions to alcohol and drugs (not solvents). The program is for those who have failed at recovery previously and who cannot be assisted with a short term treatment program. Their focus is on those who require intense treatment. Clients are taught skills that will allow them to live independently in the community. Treatment programs are heavily tailored on the individual needs of the client.	<b>Program Duration:</b>  6 months max, but extended stays are permitted, if needed. Average stay is 4 months. Programs run from 8:00 am to 3:30 pm and attendance is compulsory.
<b>Application:</b>  Applications are provided by e-mail or fax upon a phone request. Self-referrals are accepted. Third party detox agencies provide the majority of the referrals.	<b>Admission/Waitlist:</b>  Continuous admission. Average wait time is 1 month.
<b>Eligibility:</b>  Only men are accepted. Clients must be 18+ Sex offenders are admitted. Violent offenders are assessed on an individual basis. Admittance depends on the circumstances of their violent crimes. Applicants suffering from FASD are admitted based on their ability to function independently.	<b>Sobriety/Drug Requirements:</b>  The applicant needs to be sober at the point of entry.

<b>Aboriginal Requirements:</b>  Open to all.	<b>Aboriginal Focus:</b>  None, but the centre works with outside agencies to provide Aboriginal ceremonies to the residents. Attending sweat lodges and other Aboriginal ceremonies can satisfy part of their 12 Step program.
<b>Residential/Non-residential &amp; Capacity:</b>  Residential 12 bed facility. Residents are permitted to leave freely. Certain locations are made off-limits depending on what serves as a trigger for a relapse for the client.	<b>Visitation Rights:</b>  Family and friends are permitted to visit daily between the hours of 3:30 pm and 11:00 pm.
<b>Counselling provided for:</b>  General counselling is available. Counselling for drug and alcohol addictions is provided. Counsellors do not target trauma from past abuses. Referrals to more specialized counsellors are provided.	<b>Subsequent Referrals:</b>  Residents are provided a referral to a subsequent program(s) that will help with their reintroduction into society.
<b>Service Area:</b>  No geographic limitations. No preference is given to any region. 80% of the clients are from the city of Thunder Bay	<b>Location:</b>  See address above.
<b>Transportation:</b>  Local transportation is provided.  Applicant can apply to Non-Insured Health Benefits (NHIB) to cover long-distance transportation costs. Applicants receiving Ontario Works qualify to have transportation covered by NHIB.	<b>Cost:</b>  Funded by the Local Health Integration Network (formerly known as the Ministry of Health).
<b>Clients &amp; the CJS:</b>  Applicants in custody are not admitted, unless a release date is set. Applicants on probation, conditional sentences, or parole are accepted. The program cannot be used as a method of reducing or replacing an offender's sentence. The centre will work in unison with probation or parole conditions.	<b>Security:</b>  No searches are conducted at any time.

## Dilico Anishnabek Family Care (Adult Residential Treatment Program)

200 Anemki Place

Fort William First Nation, ON, P7B 1L6

T: (807) 623-8511

F : (807) 626-7999

<b>Management:</b> Dilico Anishnabek Family Care	<b>Program(s):</b> Adult Residential Treatment Program
<b>Program Focus:</b> Clinically based approach to treatment for alcoholism and drug dependency. Combines cultural teachings and mental health and addictions counselling in a safe, supportive environment.	<b>Program Duration:</b> 6 weeks.
<p><b>Application:</b> Clients must complete the ADAT assessment, intake package and medical assessment. Clients must also complete a TB test and chest x-ray if the TB test is positive.</p> <p>Clients must also attend a withdrawal management program prior to residential treatment in the event of heavy alcohol benzodiazepine use.</p>	<b>Admission/Waitlist:</b> Depends on client needs and admission cycle.
<b>Eligibility:</b> male and female clients aged 18 years and older.	<p><b>Sobriety Requirements:</b> Clients must be sober.</p> <p>Clients must also attend a withdrawal management program prior to residential treatment in the event of heavy alcohol benzodiazepine use.</p>
<b>Aboriginal Requirements:</b> No but Aboriginal clients are preferred.	<b>Aboriginal Focus:</b> Yes. There is a cultural component to the program which is optional, it includes: elders, cultural teachings, sweat lodges, smudges and more.
<b>Residential/Non-residential:</b> Residential 20 bed co-ed facility.	<b>Visitation Rights:</b> telephone calls are scheduled for twice a week after the first week. Sunday visits begin on the second Sunday of every month and take place from 1:30 pm to 3:30 pm.
<b>Counselling provided for:</b> mental health and addictions. Group and individual counselling is provided.	<b>Subsequent Referrals:</b> yes.
<b>Service Area:</b> No restrictions.	<b>Location:</b> On Fort William First Nation, 120 Carp River Road.

<p><b>Transportation:</b> Yes, Dilico will assist with transportation i.e. pick up from the bus terminal or drop-off from the airport.</p>	<p><b>Cost:</b> None. Funded provincially and federally.</p>
<p><b>Clients and the CJS:</b> Will accept clients on diversion, probation and parole. Clients in custody need a release date. Will also accept temporary releases. Willing to write letters to the courts, lawyers, etc.</p>	<p><b>Security:</b> searched upon entry.</p>

## Traditional Healing Programs

### Anishnawbe Mushkiki (Traditional Healing Program)

Thunder Bay Aboriginal Health Centre,

29 Royston Court

Thunder Bay, ON, P7A 4Y7

T: (807) 343-4843

E: info@mushkiki.com

Website: <http://mushkiki.com/our-programs/traditional-healing-programs/>

<b>Management:</b> Anishnawbe Mushkiki	<b>Program(s):</b> Traditional healing program
<p><b>Program Focus:</b> A Traditional Healer is available every 2 months and appointments are made by contacting the Traditional Healing Coordinator.</p> <p>Weekly programs include Drum nights on Tuesday and Red Road to Recovery Circles on Wednesday.</p> <p>Sweat Lodge Ceremonies are arranged by request of individuals or groups.</p>	<b>Program Duration:</b> Clients attend at their pleasure.
<p><b>Application:</b></p> <p>Contact Mushkiki Health Centre at: (807) 343-4843. Or contact Teresa Trudeau (traditional healing coordinator) at: (807) 577-3312.</p>	<p><b>Admission/Waitlist:</b></p> <p>None.</p>
<b>Eligibility:</b> Do not need to be a member of Mushkiki Health Centre.	<b>Sobriety Requirements:</b> Clients must be sober.
<b>Aboriginal Requirements:</b> Preference to Aboriginal clients.	<b>Aboriginal Focus:</b> Yes.
<b>Residential/Non-residential:</b> Non-residential.	<b>Visitation Rights:</b> N/A
<b>Counselling provided for:</b> N/A	<b>Subsequent Referrals:</b> N/A
<b>Service Area:</b> City of Thunder Bay.	<b>Location:</b> Kanachihih Solvent Abuse Centre – 1700 Dease St.
<b>Transportation:</b> None.	<b>Cost:</b> None.
<b>Clients and the CJS:</b> Yes.	<b>Security:</b> None.

## 2. Housing

### The Salvation Army – Emergency Shelter

545 Cumberland St North

Thunder Bay, ON

P7A 4S2

T: (807) 345-7319

F: (807) 345-0409

<b>Management:</b> The Salvation Army	<b>Program:</b> Emergency Shelter for Men Only
<b>Admissions:</b> Call first to speak to intake. Do not call after 10 pm.	<b>Eligibility:</b> Must be 18 + and zero tolerance for drugs and alcohol.
<b>Hours:</b> 24/7	<b>Duration of Stay:</b> maximum of two weeks then must pay for room and board.
<b>Geographical Restrictions:</b> Thunder Bay	<b>Cost:</b> Free

### Shelter House – Emergency Shelter

420 George Street

Thunder Bay, ON, P7E 1H0

T: (807) 623-8182

F: (807) 622-6328

W: shelterhouse.on.ca

<b>Management:</b> Shelter House	<b>Program:</b> Emergency Shelter (men, women and youth)
<b>Admissions:</b> First time clients must perform an intake in person. Admissions begin at 9 pm, can come sooner to perform intake or reserve bed.	<b>Eligibility:</b> Youth Beds (5 beds). Adult Male (27) and Adult Female (5). 22 Overflow beds and mats.
<b>Hours:</b> 24/7	<b>Duration of Stay:</b> As long as necessary. Housing worker and income support worker available as well.
<b>Geographical Restrictions:</b> Thunder Bay	<b>Cost:</b> Free

### 3. Job, Career, Education Training

#### Academic and Career Entrance Program- Confederation College

1450 Nakina Drive, PO Box 398  
Thunder Bay, ON  
P7C 4W1  
T: (807) 473-3723  
W: confederation.on.ca

<b>Management:</b> Confederation College	<b>Program:</b> Academic and Career Entrance Program (On-campus and Distance Learning Option)
<b>Program Focus:</b> Students work independently from home or in a classroom setting one-on-one with instructors to complete courses and earn a grade 12 equivalency certificate.	<b>Application:</b> The program occurs during the regular academic year and is closed for the summer. Admission is accepted on an on-going basis.
<b>Eligibility:</b> Must be at least 19 years old and a resident of Ontario.	<b>Cost:</b> None.
<b>Clients &amp; the CJS:</b> Students involved with the criminal justice system are accepted. There is flexibility for students with legal issues. The program administrators are willing to write letters/communicate with courts, lawyers and more.	<b>Campus(es):</b> 1. Confederation College Campus Thunder Bay 2. Greenstone Campus 3. Distance (at home)

#### Academic Upgrading Program- Confederation College

1450 Nakina Drive, PO Box 398  
Thunder Bay, ON  
P7C 4W1  
T: (807) 473-3723  
W: confederation.on.ca

<b>Management:</b> Confederation College	<b>Program:</b> Academic Upgrading Program
<b>Program Focus:</b> Students work independently to get prerequisites for ACE, college or prepare to write a GED or college-entry exam.	<b>Eligibility:</b> Must be at least 19 years old.
<b>Application:</b> Programs run for 37 weeks, September-June each year and summer sessions are available at some locations. Enrollment is accepted on an on-going basis.	<b>Cost:</b> No cost.

<b>Clients &amp; the CJS:</b> Students involved with the criminal justice system are accepted. There is flexibility for students with legal issues. The program administrators are willing to write letters/communicate with courts, lawyers and more.	<b>Campus(es):</b> 1. Confederation College Campus Thunder Bay 2. Geraldton Office
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## Personal and Career Development Program- Confederation College

1450 Nakina Drive, PO Box 398

Thunder Bay, ON

P7C 4W1

T: (807) 473-3723

W: confederation.on.ca

<b>Management:</b> Confederation College	<b>Program:</b> Personal and Career Development
<b>Program Focus:</b> 12 week program where students learn to set realistic personal and professional/education goals while learning valuable tools for the workplace and for use in job searches.	<b>Eligibility:</b> Must be at least 19 years old.
<b>Application:</b> Programs run for 37 weeks, September-June each year and summer sessions are available at some locations. Enrollment is accepted on an on-going basis.	<b>Cost:</b> No cost.
<b>Clients &amp; the CJS:</b> Students involved with the criminal justice system are accepted. There is flexibility for students with legal issues. The program administrators are willing to write letters/communicate with courts, lawyers and more.	<b>Campus(es):</b> 1. Confederation College Campus Thunder Bay 2. Geraldton Office



## 4. Child and Youth Programs

### Alpha Court (Youth-in-Transition)

221 Wilson Street

Thunder Bay, Ontario, P7B 1M7

T: (807) 683-8200

F : (807) 683-8225

W : alphacourt.ca

<b>Management:</b> Alpha Court	<b>Program:</b> Youth in transition
<b>Program Focus:</b> Long-term case management for youth who have a confirmed diagnosis of mental illness or are displaying symptoms of mental illness. Connects youth with psychiatric services.	<b>Program Duration:</b> Based on client needs.
<b>Application:</b> Must complete an intake form and return to Alpha Court. <a href="http://www.alphacourt.ca/upload/documents/request-for-services.pdf">http://www.alphacourt.ca/upload/documents/request-for-services.pdf</a>	<b>Admission/Waitlist:</b> None.
<b>Eligibility:</b> Youth aged 16-24.	<b>Sobriety Requirements:</b> Clients must be sober.
<b>Aboriginal Requirements:</b> No.	<b>Aboriginal Focus:</b> Yes, Aboriginal programming can be incorporated.
<b>Residential/Non-residential:</b> Non-residential.	<b>Visitation Rights:</b> N/A
<b>Counselling provided for:</b> referrals to appropriate counselling services.	<b>Subsequent Referrals:</b> Yes.
<b>Service Area:</b> City of Thunder Bay	<b>Location:</b> See address listed above.
<b>Transportation:</b> None.	<b>Cost:</b> None.
<b>Clients and the CJS:</b> Yes.	<b>Security:</b> None.

## Children's Centre Thunder Bay (Adolescent Counselling)

283 Lisgar Street

Thunder Bay, ON, P7B 6G6

T: (807) 343-5000

F: (807) 345-0444

W: childrenscentre.ca

<b>Management:</b> Children's Centre	<b>Program:</b> Adolescent Counselling
<b>Program Focus:</b> -Long-term outpatient counselling for youth experiencing substance abuse issues, behavioural difficulties, mood disorders, psychiatric or psychological issues. -Short-term (1-3 sessions) outpatient counselling for youth with a single area of concern. Case management and advocacy can be included.	<b>Eligibility:</b> Ages 13-18
<b>Application:</b> Contact Children's Centre Thunder Bay at (807) 343-5000.	<b>Cost:</b> No cost.
<b>Clients &amp; the CJS:</b> Adolescents involved with the criminal justice system are accepted. The program administrators are willing to write letters/communicate with courts, lawyers and more at the request of the client.	<b>Location:</b> See address above.

## Children's Centre Thunder Bay (Cultural Group)

283 Lisgar Street

Thunder Bay, ON, P7B 6G6

T: (807) 343-5000

F: (807) 345-0444

W: childrenscentre.ca

<b>Management:</b> Children's Centre	<b>Program:</b> Oshkiniikidjig Miikanens
<b>Program Focus:</b> Weekly, youth-driven group designed to provide youth with traditional Anishnabek programming. Participants learn about community resources, land-based treatments, and cultural practices to support healing and connection.	<b>Eligibility:</b> Ages 12-18
<b>Application:</b> Contact Children's Centre Thunder Bay at (807) 343-5000.	<b>Cost:</b> No cost. Transportation is provided.
<b>Clients &amp; the CJS:</b> Youth involved with the criminal justice system are accepted. The program administrators are willing to write letters/communicate with courts, lawyers and more at the request of the client.	<b>Location:</b> See address above.

## Children's Centre Thunder Bay (Day Treatment Program)

283 Lisgar Street

Thunder Bay, ON, P7B 6G6

T: (807) 343-5000

F: (807) 345-0444

W: childrenscentre.ca

<b>Management:</b> Children's Centre	<b>Program:</b> Day Treatment Program
<b>Program Focus:</b> School-based program providing mental health intervention and a modified academic program for youth who are struggling to succeed in their current academic environment. Classrooms are limited to eight students and consists of a certified schoolboard teacher, social worker and mental health treatment from a Child and Youth Worker. Operates daily from 9:15 – 2:15 pm.	<b>Eligibility:</b> Students in grades 1-8 whose academic success is hindered by social, emotional and/or behavior struggles, and where a mental health assessment and treatment could be beneficial. Active participation from the student's parent/guardian is required.
<b>Application:</b> Contact Children's Centre Thunder Bay at (807) 343-5000.	<b>Cost:</b> No cost.
<b>Clients &amp; the CJS:</b> Students involved with the criminal justice system are accepted. The program administrators are willing to write letters/communicate with courts, lawyers and more at the request of the client.	<b>Location:</b> See address above.

## Children's Centre Thunder Bay (Short Term Assessment & Treatment Unit)

283 Lisgar Street

Thunder Bay, ON, P7B 6G6

T: (807) 343-5000

F: (807) 345-0444

W: childrenscentre.ca

<b>Management:</b> Children's Centre Thunder Bay	<b>Program:</b> Short Term Assessment and Treatment Unit (STAT)
<b>Program Focus:</b> 6-bed, 90 day treatment program provides children with a safe, home-like environment within a residential neighbourhood.	<b>Eligibility:</b> Youth ages 10-18 who are in severe crisis facing emotional dysregulation, extreme behavioural difficulties and/or are at risk of self-harm.
<b>Application:</b> Contact Children's Centre Thunder Bay at (807) 343-5000.	<b>Cost:</b> No cost.
<b>Clients &amp; the CJS:</b> Youth involved with the criminal justice system are accepted. The program administrators are willing to write letters/communicate with courts, lawyers and more at the request of the client.	<b>Location:</b> See address above.

## Children's Centre Thunder Bay (TIDE-Y - Youth Emotional Dysregulation)

283 Lisgar Street

Thunder Bay, ON, P7B 6G6

T: (807) 343-5000

F: (807) 345-0444

W: childrenscentre.ca

<b>Management:</b> Children's Centre Thunder Bay	<b>Program:</b> Treating Individuals with Emotional Dysregulation for Youth (TIDE-Y)
<b>Program Focus:</b> weekly individual therapy sessions that last for a minimum of six months, as well as a skills group for youth and their caregivers that consists of weekly group meetings for 15 weeks.	<b>Eligibility:</b> Youth ages 10-18 who are struggling to manage their emotions and/or who struggle with thoughts of self-harm
<b>Application:</b> Contact Children's Centre Thunder Bay at (807) 343-5000.	<b>Cost:</b> No cost.
<b>Clients &amp; the CJS:</b> Youth involved with the criminal justice system are accepted. The program administrators are willing to write letters/communicate with courts, lawyers and more at the request of the client.	<b>Location:</b> See address above.

## U-Turn (Substance-use Services)

283 Lisgar Street

Thunder Bay, ON, P7B 6G6

T: (807) 343-5000

F: (807) 345-0444

W: childrenscentre.ca

<b>Management:</b> Children's Centre, Thunder Bay Counselling Centre and Sister Margaret Smith Centre	<b>Program:</b> U-Turn
<b>Program Focus:</b> Treatment plans are created unique to each individual's needs, a typical plan may include: individual or group intervention, counselling, skills-development, and other community-education programs.	<b>Eligibility:</b> youth ages 12-18 and their families who are struggling with substance-abuse issues and well as social, emotion and behavioural difficulties.
<b>Application:</b> Contact Children's Centre Thunder Bay at (807) 343-5000.	<b>Cost:</b> No cost.
<b>Clients &amp; the CJS:</b> Persons involved with the criminal justice system are accepted. The program administrators are willing to write letters/communicate with courts, lawyers and more at the request of the client.	<b>Location:</b> See address above.

## **Sister Margaret Smith Centre (Residential and Non-residential Programs)**

301 Lillie St N  
Thunder Bay, ON  
P7C 0A6  
T: (807) 684 5100  
F: (807) 622-1779

<b>Management:</b> Sister Margaret Smith Centre	<b>Program:</b> -Youth Addictions (Residential and Day Program) -Youth-in-Transition Program -Mental Health Support
<b>Program Focus:</b> <u>Youth Addictions</u> is a 20 day residential program for youth struggling with substance-abuse addictions. <u>Youth-in-transition program</u> is a case management service. <u>Mental health support program</u> assists youth with mental health issues through general counselling and group therapy.	<b>Eligibility:</b> youth ages 12-18 who are struggling with substance-abuse issues.
<b>Application:</b> Contact Children's Centre Thunder Bay at (807) 343-5000.	<b>Cost:</b> No cost.
<b>Clients &amp; the CJS:</b> Persons involved with the criminal justice system are accepted. The program administrators are willing to write letters/communicate with courts, lawyers and more at the request of the client.	<b>Location:</b> See address above.



## 5. Other Programs

### Transportation

#### Street Outreach Service (SOS) Team

420 George St

Thunder Bay, ON

P7E 5Y8

T: (807) 620-SOST (7678)

F: (807) 622-6328

E: brad.king@shelterhouse.on.ca

Website: [www.shelterhouse.on.ca/article/sos-program-480.asp](http://www.shelterhouse.on.ca/article/sos-program-480.asp)

<b>Management:</b> Shelter House	<b>Program(s):</b> Street Outreach Service Team (SOST)
<p><b>Program Focus:</b> To help the homeless, intoxicated and high risk people in our community with transportation to a safer location better suited to their needs.</p> <p>The SOST transports clients to four main locations; Shelter House – Balmoral Centre (see profile), Thunder Bay Regional Health Sciences Centre (hospital), and the Salvation Army.</p>	<p><b>Program Duration:</b> The SOST is available daily from 2 pm – 2 am. The program has secured funding until Dec 2015.</p>
<p><b>Application:</b> No formal application. Individuals, businesses, emergency service providers and other agencies can call in and, if eligible, that person will be provided transportation.</p>	<p><b>Admission/Waitlist:</b> Clients are accepted year round. Exact pick-up times are not made. Calls are placed on a priority list. Calls from those in medical distress, paramedics and the police are given the highest priority.</p>
<p><b>Eligibility:</b> Vulnerability is the biggest criteria. The SOST services the destitute; those who have no other available recourse.</p>	<p><b>Sobriety Requirements:</b> Clients do not need to be sober to utilize this service. Public intoxication is one of the main reasons why they would be given transportation.</p>
<b>Service Area:</b> City of Thunder Bay.	<b>Location:</b> Mobile unit.
<b>Transportation:</b> Yes. It is what the service provides.	<b>Cost:</b> Funded by the District of Thunder Bay Social Services Administration Board.
<b>Clients and the CJS:</b> In theory, the SOST could provide a client with transportation to	<b>Security:</b> No searches or drug tests are conducted.

<p>a court hearing, but they would be placed low on the priority list. If eligible, the SOST could provide transportation to a treatment facility to satisfy a probation, conditional sentence or parole order.</p>	
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## **Northwestern Ontario**

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# 1. Mental Health and Addictions

## Gizhewaadiziwin Health Access Centre (Mental Health Program)

1460 Idylwild Drive

Fort Frances, ON

P9A 3M9

T: (807) 274-3131

F: (807) 274-6280

W: <http://www.gizhac.com/>

<b>Management:</b> Gizhewaadiziwin Health Access Centre	<b>Program(s):</b> Mental Health Program
<b>Program Focus:</b> Provides individual, family and group counselling for many purposes, including: teen issues, violence, grief, family violence, substance abuse parent/child conflict and more.	<b>Program Duration:</b> As long as required by the client.
<b>Application:</b> Referrals can be made in-person, by others or a service provider.	<b>Admission/Waitlist:</b> Usually none.
<b>Eligibility:</b> Must make a referral	<b>Sobriety Requirements:</b> Yes.
<b>Aboriginal Requirements:</b> Yes.	<b>Aboriginal Focus:</b> None.
<b>Residential/Non-residential:</b> Non-residential.	<b>Visitation Rights:</b> N/A.
<b>Counselling provided for:</b> Individual, family and group counselling. Counselling for suicide intervention, substance abuse, family violence, grief, teen issues and family support.	<b>Subsequent Referrals:</b> Yes.
<b>Service Area:</b> Rainy River	<b>Location:</b> Fort Frances in office services.
<b>Transportation:</b> None.	<b>Cost:</b> Free
<b>Clients and the CJS:</b> Yes. Assessed on a case-by-case basis. One mental health worker also administers the PAR program.	<b>Security:</b> None.
<b>Languages and Accessibility:</b> English.	<b>Medical Staff on site:</b> No.

## Waashkootsi Nanaandawe'iyewigamig Healing Lodge

Obashkaandagaang First Nation

P.O. Box 320

Keewatin, ON

P0X 1C0

T: (807) 543-1065

F: (807) 543-1126

W: <http://www.gizhac.com/>

<b>Management:</b> Waashootsi Nanaandawe'iyewigamig Health Access Centre	<b>Program(s):</b> Healing Lodge Residential Program for Men and Women.
<b>Program Focus:</b> Holistic, culture-based program focuses on healing to address the impacts of trauma and break the cycles of violence, abuse and addictions. Traditional ceremonies and cultural teachings are combined with contemporary supportive counseling and referral services.	<b>Program Duration:</b> 21 day program. Cycles from male to female.
<b>Application:</b> Referrals accepted by self and community service providers and agencies. A legal guardian must endorse applicants under the age of 18. There is also an interview which may be conducted in person or over the phone.	<b>Admission/Waitlist:</b> There is a yearly program schedule which states the deadline for the application form to be completed. Once sessions are filled, a stand-by list is maintained and clients are admitted if there is a cancellation.
<b>Eligibility:</b> 16 years and older, Anishinabeg living in Kenora area.	<b>Sobriety Requirements:</b> Clients must be alcohol and drug free for at least 7 days prior to attending.
<b>Aboriginal Requirements:</b> Ojibway clients preferred.	<b>Aboriginal Focus:</b> Yes.
<b>Residential/Non-residential:</b> Residential, 10 bed facility for men.	<b>Visitation Rights:</b> No visitors during the first week. Following this, visitors are allowed from 3:30 pm to 5 pm Monday-Friday on a pre-arranged basis.
<b>Counselling provided for:</b> personal and intergenerational trauma, shame and anger, grief and loss, and to gain valuable life skills.	<b>Subsequent Referrals:</b> Yes.
<b>Service Area:</b> Kenora/Treaty 3 area. Clients from outside of this area are also accepted but not given preference. Typically 1 or 2 beds in a cycle for non-Treaty 3 clients.	<b>Location:</b> Obashkaandagaang First Nation P.O. Box 320 Keewatin, ON P0X 1C0

<b>Transportation:</b> No.	<b>Cost:</b> None.
<b>Clients and the CJS:</b> Yes clients not in custody are accepted. The Administrators are willing to write letters for courts and lawyers as necessary.	<b>Security:</b> Searches upon entry and the Lodge reserves the right to perform random searches.
<b>Languages and Accessibility:</b> Mostly English. Some Ojibway and Oji-Cree (based on which staff is working during that time).	<b>Medical Staff on site:</b> No.

## Wee Che He Wayo-Gamik (Reverend Tommy Beardy Memorial)

Muskrat Dam, Ontario

P0V 3B0

T: (807) 471-2554

F : (807) 471-2510

<b>Management:</b> Weechehewayogamik	<b>Program(s):</b> Weechehewayogamik Family Treatment Centre
<b>Program Focus:</b> Provides a residential drug and alcohol treatment program where the entire family attends treatment. Treatment models offered are Alcoholics Anonymous, Stages of Change and Life Skills. Offers an adult program, a youth program and a school-aged children's program.	<b>Program Duration:</b>  Six week program
<b>Application:</b> Admission and medical forms available from: the centre itself, Native Alcohol and Drug Abuse Program worker in own community. Call centre and they will fax an application package to you.	<b>Admission/Waitlist:</b> Offers 6 client intakes per year; waiting list is usually from 6 months to 1 year to get into program.
<b>Eligibility:</b> Must be a member of a NAN First Nation. Exceptions are made on a case-by-case basis. Very rarely will they accept individuals without families.	<b>Sobriety Requirements:</b> 30 day prior to entry.
<b>Aboriginal Requirements:</b> Yes.	<b>Aboriginal Focus:</b> Yes.
<b>Residential/Non-residential:</b> Accommodates a maximum of 4 families per full program session.	<b>Visitation Rights:</b> 2 week isolation period before phone calls are made
<b>Counselling provided for:</b>	<b>Subsequent Referrals:</b> yes.
<b>Service Area:</b> NAN Territory. Will make occasional exceptions if necessary.	<b>Location:</b> Muskrat Dam.
<b>Transportation:</b> If client has a status card, transportation can be paid for by health Canada.	<b>Cost:</b> None.
<b>Clients and the CJS:</b> not if it interferes with intake. Matters must be settled for the duration of the program. The centre will write letters to lawyers and courts if requested.	<b>Security:</b> Searches upon entry.

## Migisi Alcohol and Drug Treatment Centre

A-38 Rat-Portage Reserve

Kenora, Ontario

P9N 3X7

T: (807) 548-5959

F : (807) 548-2084

E : migisitreatmentcentre@bellnet.ca

<b>Management:</b> Migisi Alcohol and Drug Treatment Centre	<b>Program(s):</b> Aboriginal Healing and Wellness Strategy Program
<b>Program Focus:</b> Foster improvements in the health and well-being of Aboriginal individuals, families, communities and Nations.	<b>Program Duration:</b> Four-week treatment Program (Men) Four-week treatment Program (Women)
<b>Application:</b> Application package must be delivered to the Centre. Prospective clients must be assessed in-house or by an organization offering the standardized assessment tools. Assessments are done individually by a psychologist/social worker on the first day of entry into the program.	<b>Admission/Waitlist:</b> Based on admission cycles and availability. Completed applications need to be submitted one month prior to the admission date. Once positions are filled, a stand-by list is started and when cancellations occur, names are drawn from the stand by list. Admissions cycles are once/month.  Prospective clients not part of the 28 First Nations of Treaty #3 will not be given priority. Also, two members from the same community will not be accepted during the same admission cycle. Priority to members not involved with the criminal justice system.  Admissions are typically full on the first day of the intake cycle. There are occasional cancellations and no-shows.
<b>Eligibility:</b> The Treatment Centre reserves the right to refuse clients with a criminal record history of sexual assaults or violence and those with diagnosed psychological disorders, such as: schizophrenia, psychopath, psychosis, bipolar disorder.	<b>Sobriety Requirements:</b> Clients must be clean and sober for a minimum of ten days prior to admission date.
<b>Aboriginal Requirements:</b> Yes.	<b>Aboriginal Focus:</b> Yes.
<b>Residential/Non-residential:</b> Residential 14 bed facility. Not co-ed. Males are accepted for one month and females the next month.	<b>Visitation Rights:</b> Clients are allowed visitors. Visitors will commence the second Saturday after admission date between the hours of 1 and 4 pm.



<b>Counselling provided for:</b> Individual and group counselling.	<b>Subsequent Referrals:</b> Yes.
<p><b>Service Area:</b> Open to all but priority is given to members of the 28 First Nations of Treaty #3 (Big Grassy, Big Island, Buffalo Point, Couchiching, Eagle Lake, Grassy Narrows, Isatewizaagegan #39, Lac Des Milles Lacs, Lac La Croix, Lac Seul, Naicatchewenin, Naotkamegwanning, Nicickousemenecaning, Northwest Angle #33, Northwest Angle #37, Obashkaandagaang Bay, Ochiichagwe' Babigo' Ining, Onigaming, Rainy River, Saugeen, Seine River, Stanjikoming, Sagkeeng, Shoal Lake #40, Wabauskang, Wabigoon Lake, Wauzhushk Onigum, Wabaseemoong).</p> <p>Will not accept two people from the same community during the same admission cycle.</p>	<p><b>Location:</b> located on the lake front of Matheson Bay, on Wauzhusk Onigum First Nation (Rat Portage), near Kenora Ontario.</p>
<b>Transportation:</b> No.	<b>Cost:</b> Funded by Health & Welfare Canada/National Native Alcohol & Drug Abuse Program
<p><b>Clients and the CJS:</b> The treatment centre will prioritize clients not involved with the criminal justice system. Clients on probation and parole are accepted. Clients in custody are rarely accepted. Court workers are encouraged to re-apply after a release date has been set. Letters can be requested for legal purposes.</p> <p>Clients with a court order, conditions or an undertaking must provide documentation to the Treatment Centre.</p>	<b>Security:</b> No.
<b>Languages/Accessibility:</b> English, translation into Cree, Ojibway and Oji-Cree also available.	<b>Medical Staff on site:</b> No.

## The Biidaaban Healing Lodge

PO Box 129

Hwy 627 Pic River First Nation

Heron Bay, ON

T: (807) 229-3592

F: (807) 229-0308

E: request@biidaaban.com

Website: www. biidaaban.com

<b>Management:</b>  The Biidaaban Healing Lodge	<b>Program(s):</b>  Sexual Abuse Survivors Grief and Abandonment Management Adult Children of Trauma & Anger Solutions
<b>Program Focus:</b>  Secondary issues underlying drug and alcohol abuse. Not a drug and alcohol treatment centre. Focused on psychological counselling.	<b>Program Duration:</b>  Sexual Abuse Survivors - 10 days Grief and Abandonment Management - 10 days Adult Children of Trauma - 10 days Anger Solutions - 5 days  Programs are run from 9 am - 4 pm and from 7 pm - 8:30 pm daily.
<b>Application:</b>  Self-referrals into Biidaaban are accepted. See link for application.  <a href="http://www.biidaaban.com/index_htm_files/in_take.pdf">http://www.biidaaban.com/index_htm_files/in_take.pdf</a>	<b>Admission/Waitlist:</b>  Program start dates vary. See website.  Rolling waitlist.
<b>Eligibility:</b>  Men and women are accepted. Clients must be 18+	<b>Sobriety/Drug Requirements:</b>  Sobriety is requested. Drug tests are not conducted onsite. If client is found visibly under the influence of illicit drugs or alcohol they will be discharged. Medicinal marijuana is not permitted. Antidepressant medication is permitted. Methadone carries are permitted.
<b>Aboriginal Requirements:</b>  13 Bands of the Robinson Superior Area are given 1st priority. First Nations are given 2nd priority.	<b>Aboriginal Focus:</b>  Throughout each program applicants can participate in sweat lodges, and pipe ceremonies. Clients are able to meet with traditional healers one-on-one if needed and attend traditional healing ceremonies.

<b>Residential/Non-residential &amp; Capacity:</b>  Residential 12 bed facility. Residents are permitted to leave briefly using a 3 person buddy system.	<b>Visitation:</b>  Family and friends are not permitted. Residents are allowed phone access Wed. and Sun. evenings for 15 min.
<b>Counselling provided for:</b>  Physical, mental, emotional, spiritual, & sexual abuse. PTSD.	<b>Subsequent Referrals:</b>  If necessary, residents are provided a referral to subsequent program(s).
<b>Service Area:</b>  No geographic limitations.	<b>Location:</b>  See address above.
<b>Transportation:</b>  None provided. Clients are responsible for their own travel. Applicant can apply to Non-Insured Health Benefits (NHIB) to cover transportation cost. Applicants receiving Ontario Works qualify to have transportation covered by NHIB.  <a href="http://www.hc-sc.gc.ca/fniah-spnia/pubs/nihb-ssna/medtransp/2005_med-transp-frame-cadre/index-eng.php#a8">http://www.hc-sc.gc.ca/fniah-spnia/pubs/nihb-ssna/medtransp/2005_med-transp-frame-cadre/index-eng.php#a8</a>	<b>Cost:</b>  Funded by the Ministry of Community and Social Services.
<b>Clients &amp; the CJS:</b>  Applicants in custody are not admitted, unless a release date is set. Applicants facing probation or conditional sentences are favoured.	<b>Security:</b>  Luggage is searched. Body searches are not conducted.

## Crisis Response Services Kenora Rainy River District – Withdrawal Management Services

PO Box 3003

Dryden, ON

P8N 2Z6

T: (807) 233-8884

F: (807) 233-8890

W: crisisresponseservices.com

<b>Management:</b> Crisis Response Services Kenora Rainy River District	<b>Program:</b> Withdrawal Management Services
<b>Program Focus:</b> to promote stabilization in an alcohol and drug-free environment, assist clients to abstain from substance use as part of their recovery process, and link with ongoing supports.	<b>Program Duration:</b> As long as necessary.
<b>Application:</b> Referral by self or others are accepted. Contact the office or crisis line 1-866-888-8988 to speak with an intake worker.	<b>Admission/Waitlist:</b> Individuals are admitted immediately if they are accepted.
<b>Eligibility:</b> must be 16 years or older, agree not to harm self or others and meet the medical clearance requirements (not requiring medical care).	<b>Sobriety/Drug Requirements:</b> Individuals must be willing to abstain and require support in order to abstain.
<b>Aboriginal Requirements:</b> None.	<b>Aboriginal Focus:</b> None.
<b>Residential/Non-residential &amp; Capacity:</b> Residential	<b>Visitation:</b> None.
<b>Counselling provided for:</b> mental health and substance abuse issues.	<b>Subsequent Referrals:</b> Yes.
<b>Service Area:</b> -Atikokan, -First Nation Communities in the Far North -Fort Frances -Kenora -Red Lake -Sioux Lookout	<b>Location:</b> Dryden
<b>Transportation:</b> None.	<b>Cost:</b> Funded by the Ministry of Long-term Care.
<b>Clients &amp; the CJS:</b> Clients involved in the criminal justice system are accepted as long as their legal affairs do not interfere with their program.	<b>Security:</b> None.

## 2. Housing

### Crisis Response Services Kenora Rainy River District – Safe and Crisis Bed Services

PO Box 3003

Dryden, ON, P8N 2Z6

T: (807) 233-8884

F: (807) 233-8890

<b>Management:</b> Crisis Response Services Kenora Rainy River District	<b>Program:</b> Safe and Crisis Bed Services
<b>Admissions:</b> Call first to speak to intake.	<b>Eligibility:</b> Must be experiencing a mental health crisis or have a serious mental health illness and require short-term accommodation, be 16 years of age or older, not under the influence of drugs or alcohol, in agreement to access case management services the following business day/
<b>Hours:</b> 24/7	<b>Duration of Stay:</b> individuals are connected with a case manager who assists them in securing long-term housing.
<b>Geographical Restrictions:</b> -Atikokan, -First Nation Communities in the Far North, -Fort Frances -Kenora -Red Lake, -Sioux Lookout.	<b>Cost:</b> Free

## Kenora Fellowship Centre

208 Water Street  
Kenora, ON  
P9N 3X4  
T: (807) 467-8205  
F: (807) 468-9063

<b>Management:</b> Kenora Fellowship Centre	<b>Program:</b> Emergency Shelter (for men and women)
<b>Admissions:</b> Drop-in.	<b>Eligibility:</b> Must be 18 + and sober.
<b>Hours:</b>	<b>Duration of Stay:</b> overnight
<b>Geographical Restrictions:</b> Kenora	<b>Cost:</b> Free

## Red Lake Area Emergency Corporation Homeless Shelter

9 Summers Road  
Red Lake, ON  
P0V 2M0  
T: (807) 727-2430  
F: (807) 728-1175

<b>Management:</b> Red Lake Area Emergency Corporation	<b>Program:</b> Emergency Shelter (men and women)
<b>Admissions:</b> Drop in during operational hours	<b>Eligibility:</b> Must be 18 + and sober.
<b>Hours:</b> 4 pm – 10 am.	<b>Duration of Stay:</b> maximum of two weeks then must pay for room and board.
<b>Geographical Restrictions:</b> Timmins	<b>Cost:</b> Levies a fee of \$15/night Assistance for Shelter fee may be available from Ontario Works, Ontario Disability Support Program or Kenora District Services Board

## Sioux Lookout Out of the Cold

25 Fair Street  
Sioux Lookout, ON  
P8T 1B1  
T: (807) 737-7499

<b>Management:</b> Shelter House	<b>Program:</b> Emergency Shelter (men and women)
<b>Admissions:</b> Call first to speak to intake. Do not call after 10 pm.	<b>Eligibility:</b> Must be 18 + and sober.
<b>Hours:</b> 24/7	<b>Duration of Stay:</b> maximum of two weeks then must pay for room and board.
<b>Geographical Restrictions:</b> Timmins	<b>Cost:</b> Free

## 4. Child and Youth Programs

## **Timmins**

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# 1. Mental Health and Addictions

## Counselling

### **Timmins Family Counselling Centre**

60 Wilson Avenue, Suite 310

Timmins, ON

P4N 2S7

T: (705) 267-7333

F: (705) 268-6850

W: timminsfamilycounselling.com

<b>Management:</b> Timmins Family Counselling Centre	<b>Program(s):</b> General counselling and issue-specific counselling programs.
<p><b>Program Focus:</b> Counselling solutions to individuals, couples, families and various workplaces to help make sense of life's daily challenges or more unique struggles.</p> <p><u>Partner Assault Response Program (PAR):</u> specialized educational counselling program for men who have been physically violent, emotionally abusive and or controlling towards a partner.</p> <p><u>Sexual Assault Survivors:</u> program designed for individuals who are or have been sexually abused or assault.</p> <p><u>Male Survivors Program:</u> provides free counselling support to men aged 18 and older who have experienced sexual abuse or assault. Family members and significant others are also able to access counselling to support their loved ones.</p> <p><u>Family Violence Healing:</u> assists with healing from an abusive experience with an intimate partner.</p> <p><u>Anger Management:</u> for those who want to learn to live without violence learn to express their anger appropriately.</p>	<p><b>Program Duration:</b> Varies depending on the program:</p> <p><u>PAR:</u> 16 week program.</p> <p><u>Anger Management:</u> 5-7 individual sessions</p>

<p><b>Application:</b> Counselling available by appointment only. Call to schedule an intake appointment.</p> <p>Programs require registration.</p>	<p><b>Admission/Waitlist:</b> Typically, wait period is less than a week to get an intake interview and approximately two weeks following the intake to get started.</p> <p>If clients are involved in the criminal justice system, it is preferred that they are referred by their probation or parole officers or the courts to obtain information as this organization also works with victims. Some programs do have out-of-pocket fees, but can be reduced based on income or other funding sources accessible based on client's situation.</p>
<p><b>Eligibility:</b></p> <p><u>Counselling:</u> Males, females and GBLTQ members are accepted. Individuals under 12 years of age must be accompanied by a parent/care taker.</p> <p><u>Sexual Assault Survivors:</u> for men and women 16 years of age and older.</p> <p><u>Male Survivors:</u> for men 18 years and older.</p> <p><u>Family Violence:</u> for women 16 years and older.</p> <p><u>Anger Management:</u> for men 18 years and older and women 16 years and older.</p>	<p><b>Sobriety Requirements:</b> Yes, clients are expected to be sober.</p>
<p><b>Aboriginal Requirements:</b> Open to all.</p>	<p><b>Aboriginal Focus:</b> None, but willing to incorporate Aboriginal programming if necessary.</p>
<p><b>Residential/Non-residential:</b> Non-residential.</p>	<p><b>Visitation Rights:</b> N/A outpatient service.</p>
<p><b>Counselling provided for:</b> anger, abuse, anxiety, blended families, communication, depression, domestic/family violence, grief, LGBT, PTSD, relationship difficulties, separations, sexual abuse/assault, stress, trauma, workplace difficulties and more.</p>	<p><b>Subsequent Referrals:</b></p>
<p><b>Service Area:</b> City of Timmins and surrounding communities with Employee Assistance Program affiliates in Cochrane,</p>	<p><b>Location:</b> See address above.</p>

New Liskard, Kirkland Lake and Iroquois Falls.	
<b>Transportation:</b> Not provided	<b>Cost:</b> Funded by Ministry of Health and Long-Term Care, Ministry of the Attorney General, Ministry of Community Safety and Correctional Services, Ministry of Community and Social Services.
<b>Clients and the CJS:</b> Will work with probation, parole officers and the courts. Programs can be part of a bail order or conditional sentence. Offenders are assessed on a case-by-case basis to determine eligibility.	<b>Security:</b> No.
<b>Service Languages/Accessibility:</b> English and French	<b>Medical Staff on Site:</b> No

## Timmins and District Hospital (Mental Health Program)

700 Ross Avenue East, Main Floor

Timmins, ON

P4N 8P2

T: (705) 267-2131 ext 6315 for Vicky Bernard (Manager of Mental Health Services)

Crisis Line: (705) 264-3003 or toll-free: 1-888-340-3003

W: [tadh.com/programs-and-services/mental-health](http://tadh.com/programs-and-services/mental-health)

<b>Management:</b> Timmins and District Hospital	<b>Program(s):</b> <u>-Acute Care Residential Programs:</u> Mental Health Unit, Child and Adolescent Mental Health Program <u>-Non-Residential Programs:</u> Outpatient Mental Health Program, Overcoming Anxiety Panic and Phobia Program, Transitional Care Program and Community Treatment Order
<b>Program Focus:</b> <u>Mental Health Unit:</u> for patients in acute psychiatric distress  <u>Child and Adolescent Mental Health Program:</u> adolescents at risk of harming themselves or struggling with acute symptoms of mental illness  <u>Outpatient Mental Health Program:</u> provides brief therapy and educational programs to clients coping with mental illness.  <u>Overcoming Anxiety Panic and Phobia Program:</u> provides patients with strategies to manage in 10 weekly 2 hour sessions.  <u>Transitional Care Program:</u> small group teaching program. There are three one-hour sessions per day offered Tuesdays, Wednesdays and Thursdays from 9:00 am to 2:30 pm. One two-hour session on Fridays between 9:00 am and 11:00 am.  <u>Community Treatment Order:</u> comprehensive treatment planning less	<b>Program Duration:</b> Varies depending on program and client needs.

restrictive than detention in a psychiatric facility.	
<b>Application:</b> Referrals are accepted from physicians, or primary care practitioners within the Cochrane District, and from the Timmins and District Hospital's Crisis Team.	<b>Admission/Waitlist:</b>
<b>Eligibility:</b> Males and females are accepted. Individuals under 18 years of age seeking in-patient service must attend the child and adolescent mental health program	<b>Sobriety Requirements:</b>
<b>Aboriginal Requirements:</b> Open to all.	<b>Aboriginal Focus:</b>
<b>Residential/Non-residential:</b> Both.  <u>Mental Health Unit:</u> 20 bed acute care unit.  <u>Child and Adolescent Mental Health Program:</u> 4 bed unit.	<b>Visitation Rights:</b>
<b>Counselling provided for:</b>	<b>Subsequent Referrals:</b>
<b>Service Area:</b> Cochrane District	<b>Location:</b> see address above.
<b>Transportation:</b>	<b>Cost:</b>
<b>Clients and the CJS:</b>	<b>Security:</b>
<b>Service Languages/Accessibility:</b>	<b>Medical Staff on Site:</b>

## **Drug, Alcohol and Gambling Treatment Centres**

### **Jubilee Centre (Residential, Safe Bed, Day, Evening & Continuing Treatment)**

140 Jubilee Avenue W

Timmins, ON

P4N 4M9

T: (705) 268-2666

F: (705) 267-6882

E: [jubilee@vianet.on.ca](mailto:jubilee@vianet.on.ca)

<p><b>Management:</b> Jubilee Centre Addiction Services</p>	<p><b>Program(s):</b></p> <ul style="list-style-type: none"> <li>-Residential Program</li> <li>-Day Treatment</li> <li>-Evening Treatment</li> <li>-Continuing Care Program</li> <li>- Safe Bed Program</li> </ul>
<p><b>Program Focus:</b></p> <p><u>Residential Program:</u> Treatment for mental health disorders and for all types of substance abuse.</p> <p><u>Day Treatment:</u> intermediate intensity, counselling, education, support, interactive activities and take-home assignments.</p> <p><u>Evening Treatment:</u> Open-ended support/therapeutic group activities to help clients maintain recovery goals.</p> <p><u>Continuing Care:</u> After the completion of a residential, day or community treatment program, this program assists clients maintain recovery with substance use and/or concurrent mental health disorders.</p> <p><u>Safe Bed:</u> Divert (Pre &amp; post-charge) clients with clinical needs in actual or emergent addiction &amp; or mental health crisis away from the criminal justice system and hospital beds. Provides medical, counselling and resource-related assistance with temporary housing.</p>	<p><b>Program Duration:</b></p> <p><u>Residential Program:</u> 28 Days</p> <p><u>Day Treatment:</u> 16 days in length spread over a 23-day period. Normally Monday to Friday for 4 hours a day.</p> <p><u>Evening Treatment:</u> Once weekly spread over a 10-week span. Normally Wednesday evenings from 6pm to 8pm.</p> <p><u>Continuing Care:</u> Once weekly for ten weeks. Usually Thursday.</p> <p><u>Safe Bed:</u> Maximum of 10 days.</p>

<p><b>Application:</b> Pre-Admission Interview (Could be phone) or Ontario Telemedicine Network.</p> <p>Clients are assessed using provincially standardized Assessment and Discharge Criteria and Assessment Tools.</p> <p>Clients must submit a medical form fully completed by a physician, nurse or nurse practitioner.</p> <p>If on medication, client must complete a Psychoactive Medication Tracking sheet and over-the counter medication tracking sheet.</p>	<p><b>Admission/Waitlist:</b> Persons on treatment with methadone or suboxone will not be accepted.</p> <p>Varies from a few weeks to a month or more. 8 weeks.</p>
<p><b>Eligibility:</b> Males, females and GBLTQ members are accepted.</p> <p>Must be 16 years or older. Any youth admitted into the program are mature.</p> <p><u>Continuing care:</u> must also have completed a residential, day, or any other community treatment program.</p>	<p><b>Sobriety Requirements:</b></p> <p><u>Residential Program:</u> Recommended: 72 hours clean time for alcohol. 7 days clean time for drugs.</p> <p><u>Non-Residential Programs:</u> A person who is intoxicated by the use of alcohol or other substances while involved with the program and present at the agency will not be tolerated.</p>
<p><b>Aboriginal Requirements:</b> Open to all</p>	<p><b>Aboriginal Focus:</b> None</p>
<p><b>Residential/Non-residential:</b></p> <p><u>Residential Program:</u> 10 Beds</p> <p><u>Day, Evening and Continuing Care:</u> Non-residential.</p> <p><u>Safe Bed:</u> Residential, 4 beds for individuals in crisis.</p>	<p><b>Visitation Rights:</b> No visitations are permitted. Telephone calls are limited. Clients are permitted one 5 min call. Thereafter, clients may make one 10 min supervised phone call on Monday evenings</p>
<p><b>Counselling provided for:</b></p> <p>Substance abuse and concurrent disorders.</p>	<p><b>Subsequent Referrals:</b> Progress is evaluated – Depending on needs clients are referred accordingly</p>
<p><b>Service Area:</b> Not restricted – Mainly Timmins.</p>	<p><b>Location:</b> See address above.</p>

<b>Transportation:</b> Not provided	<b>Cost:</b> Funded by North East Local Health Integration Network.
<b>Clients and the CJS:</b> The administrators will work with Probation and Parole Officers. The Residential Program can be a part of a bail order or a conditional sentence. Offenders are assessed on a case-by-case basis to determine eligibility.	<b>Security:</b> Everything searched.  Clothing promoting alcohol/drugs are not permitted. Hats, hoods, bandanas, scarves, etc. are not permitted. Cell phones are not permitted within the centre.
<b>Service Languages/Accessibility:</b>	<b>Medical Staff on Site:</b>



## South Cochrane Addictions (Programs and Case Management)

85 Pine St South, Unit 2, Lower Concourse

Timmins, ON

P4N 2K1

T: (705) 264-5202

F: (705) 264-3011

W: scasinc.ca

<p><b>Management:</b> South Cochrane Addiction Services Inc.</p>	<p><b>Program(s):</b></p> <ul style="list-style-type: none"> <li>-Various counselling and educational programs on addictions and positive lifestyle changes.</li> <li>-Case management for addiction, housing, methadone treatment, and women using opiates.</li> </ul>
<p><b>Program Focus:</b> Wide range treatment services for developing lifestyles free of substance abuse and problem gambling.</p> <p>A comprehensive assessment and treatment planning are undergone to refer the individual to the most appropriate program(s) within the organization or elsewhere as necessary.</p>	<p><b>Program Duration:</b> Varies depending on the program:</p> <ul style="list-style-type: none"> <li>-Counselling and Educational programs can range from one hour to four hours and can be from one to six sessions.</li> <li>-Case Management programs provide assistance for as long as necessary.</li> </ul>
<p><b>Application:</b> Voluntary service where individuals are referred by self, family members, probation, child and family services, or health care providers.</p> <p>Referrals must indicate that the person has a substance or gambling addiction or that the person has a significant other who has these issues.</p> <p>Call or walk-in Monday to Friday 8:30 am to 4:30 pm (closed from 12 pm to 1 pm).</p>	<p><b>Admission/Waitlist:</b> None, walk-in assistance.</p> <p>Call or walk-in Monday to Friday 8:30 am to 4:30 pm (closed from 12 pm to 1 pm).</p>
<p><b>Eligibility:</b> Males and females are accepted. There are male-specific and female-specific programs as well.</p>	<p><b>Sobriety Requirements:</b> There is a crisis intervention program for individuals who walk-in or call and are intoxicated or otherwise distressed and in need of immediate assistance. They will be referred appropriately.</p>

<b>Aboriginal Requirements:</b> Open to all.	<b>Aboriginal Focus:</b> There is a program for Aboriginal people which includes culturally appropriate education on substance abuse.
<b>Residential/Non-residential:</b> Non-residential.	<b>Visitation Rights:</b> N/A outpatient service.
<b>Counselling provided for:</b> Substance abuse, life and family issues and concurrent disorders.	<b>Subsequent Referrals:</b> yes.
<b>Service Area:</b> South District of Cochrane (Timmins, Hearst, Iroquois Falls, Kapuskasing, Moosonee, Smooth Rock Falls, Wahgoshig, Constance Lake, Flying Post, Fort Albany, Marten Falls, Moose Cree, New Post).	<b>Location:</b> Head office address above. Satellite offices in Matheson and Iroquois Falls:  Bingham Memorial Hospital, 507 Eighth Ave, Black River-Matheson, ON P0K 1N0  58A Anson Drive Iroquois Falls, ON P0K1G0
<b>Transportation:</b> Not provided	<b>Cost:</b> Funded by North East Local Health Integration Network.
<b>Clients and the CJS:</b> The administrators will work with Probation and Parole Officers. The Residential Program can be a part of a bail order or a conditional sentence. Offenders are assessed on a case-by-case basis to determine eligibility.	<b>Security:</b>
<b>Service Languages/Accessibility:</b> English and French	<b>Medical Staff on Site:</b>

## Northern Treatment Centre (Medicated Assisted Treatment)

17 Cedar St N  
Timmins, ON  
P4N 6H9  
T: (705) 264-2174  
F: (705) 264-2184

<b>Management:</b> Northern Treatment Centre	<b>Program(s):</b> Medicated assisted treatment (methadone and suboxone)
<b>Program Focus:</b> Offer a substance abuse treatment program for individuals with opiate addiction.  Initial intake is conducted, addiction is assessed, drug and lab tests are administered, counselling, medical and psychiatry assessments are conducted and on-going counselling and case management.	<b>Program Duration:</b> ongoing medical treatment.
<b>Application:</b> Self or physician referral? Pre-screening intake interview must be conducted by telephone or in person.	<b>Admission/Waitlist:</b> Call or walk-in.
<b>Eligibility:</b> Males and females are accepted. Must be 18 years of age or older and suffering from an opiates addiction. Must also have a valid health card.	<b>Sobriety Requirements:</b>
<b>Aboriginal Requirements:</b> Open to all.	<b>Aboriginal Focus:</b>
<b>Residential/Non-residential:</b> Non-residential.	<b>Visitation Rights:</b> N/A outpatient service.
<b>Counselling provided for:</b> Substance abuse, life and family issues and concurrent disorders.	<b>Subsequent Referrals:</b> yes.
<b>Service Area:</b> Timmins area. Centre also in Kirkland Lake.	<b>Location:</b> See address above. Kirkland Lake location: 42 2 <sup>nd</sup> St Kirkland Lake, ON P2N 1R1
<b>Transportation:</b> Not provided	<b>Cost:</b> Covered by OHIP, Ontario Drug Benefit Program and no cost for those without workplace or private coverage?

<b>Clients and the CJS:</b>	<b>Security:</b>
<b>Service Languages/Accessibility:</b> English and French. Not accessible.	<b>Medical Staff on Site:</b>

## **Traditional Healing**

### **Misiway Milopemahtesewin Community Health Centre (Traditional Healing)**

130 Wilson Avenue

Timmins, Ontario

P4N 2S9

T: (705) 264-2200

F : (705) 264-2243

<b>Management:</b> Misiway Milopemahtesewin Community Health Centre	<b>Program:</b> Traditional Healing Program
<b>Program Focus:</b> To promote healing in a comfortable environment for Aboriginal clients by integrating traditional and cultural knowledge. Includes teaching and encouragement of various ceremonies and protocols, counselling and educational workshops and support for individuals dealing with Aboriginal issues and trauma.	<b>Program Duration:</b> Sessions available by appointment. Offered every second week of the month, year-round.
<b>Application:</b> Make appointment through Misiway Milopemahtesewin and bring tobacco.	<b>Admission/Waitlist:</b> based on availability.
<b>Eligibility:</b> Must be 18 years or older and a member of the Misiway Health Centre.	<b>Sobriety Requirements:</b> Yes.
<b>Aboriginal Requirements:</b> No.	<b>Aboriginal Focus:</b> Yes.
<b>Residential/Non-residential:</b> Non-residential.	<b>Visitation Rights:</b> N/A
<b>Counselling provided for:</b> one-on-one healing sessions with an Elder. Connects individuals with various ceremonies and workshops. Offers knowledge of natural medicines.	<b>Subsequent Referrals:</b> No.
<b>Service Area:</b> 140 kilometer radius of Timmins (Kapuskasing, Cochrane, Gogama, Kirkland Lake and five First Nations)	<b>Location:</b> See address above.
<b>Transportation:</b> No.	<b>Cost:</b> Based on bartering system. Clients should bring tobacco in exchange for services. Funded by Ministry of Health and Long-Term Care and North East Local Health Integration Network.
<b>Clients and the CJS:</b> Willing to work with clients involved with the criminal justice	<b>Security:</b> No.

system. Will write letters and communicate as necessary.	
<b>Service Languages/ Accessibility:</b> Cree, Ojibway, Oji-Cree. Wheelchair accessible.	<b>Medical Staff on Site:</b> No. Non-medical.

## Misiway Milopemahtesewin (Programs for Community Sentences)

130 Wilson Avenue

Timmins, Ontario

P4N 2S9

T: (705) 264-2200

F : (705) 264-2243

<p><b>Management:</b> Misiway Milopemahtesewin Community Health Centre</p>	<p><b>Program:</b></p> <ul style="list-style-type: none"> <li>-<u>Understanding the Journey:</u> Introductory Program for Aboriginal Women</li> <li>-<u>Eastern Door:</u> Introductory Program for Aboriginal Men</li> <li>-<u>Turning Full Circle Program:</u> Long-term intensive healing program for men.</li> <li>-<u>The Healing Journey Program:</u> Long-term intensive healing program for women.</li> </ul>
<p><b>Program Focus:</b></p> <ul style="list-style-type: none"> <li>-<u>Understanding the Journey:</u> mostly centers on domestic abuse and violence. Includes learning modules and traditional teachings.</li> <li>-<u>Eastern Door:</u> mostly centers on domestic addictions. Includes learning modules and traditional teachings.</li> <li>- <u>Turning Full Circle:</u> following completion of Eastern Door, persons are qualified for this program which includes: teaching, healing and planning for the future.</li> <li>-<u>The Healing Journey:</u> following completion of Understanding the Journey, persons are qualified for this program which includes: teaching, healing and planning for the future.</li> </ul>	<p><b>Program Duration:</b></p> <ul style="list-style-type: none"> <li>-<u>Understanding the Journey:</u> 10 sessions of two hours each.</li> <li>-<u>Eastern Door:</u> 10 sessions of two hours each.</li> <li>-<u>Ten Circles:</u> 54-week program.</li> <li>-<u>Healing Journey:</u> 54-week program.</li> </ul>
<p><b>Application:</b> Must be referred by a probation or a parole officer.</p>	<p><b>Admission/Waitlist:</b></p>
<p><b>Eligibility:</b> referral required.</p>	<p><b>Sobriety Requirements:</b> Yes.</p>
<p><b>Aboriginal Requirements:</b> No.</p>	<p><b>Aboriginal Focus:</b> Yes.</p>
<p><b>Residential/Non-residential:</b> Non-residential.</p>	<p><b>Visitation Rights:</b> N/A</p>

<b>Counselling provided for:</b>	<b>Subsequent Referrals:</b> No.
<b>Service Area:</b> 140 kilometer radius of Timmins (Kapuskasing, Cochrane, Gogama, Kirkland Lake and five First Nations)	<b>Location:</b> See address above.
<b>Transportation:</b> No.	<b>Cost:</b> Funded by Ministry of Health and Long-Term Care and North East Local Health Integration Network.
<b>Clients and the CJS:</b> Works in co-operation with the criminal justice system.	<b>Security:</b> No.
<b>Service Languages/ Accessibility:</b> Cree, Ojibway, Oji-Cree. Wheelchair accessible.	<b>Medical Staff on Site:</b> No. Non-medical.



## 2. Housing

### Good Samaritan Inn

137 Golden Avenue  
South Porcupine, ON  
P0N 1H0  
T: (705) 235-4663

<b>Management:</b> Red Lake Emergency Shelter Corporation	<b>Program:</b> Emergency Shelter (men and women)
<b>Admissions:</b> - Call first to speak to intake. Do not call after 10 pm.	<b>Eligibility:</b> Must be 18 + and sober.
<b>Hours:</b> 24/7	<b>Duration of Stay:</b> maximum of two weeks then must pay for room and board.

### 3. Job, Career and Education

#### Adult Native Literacy & Basic Skills-Timmins Native Friendship Centre

Timmins Native Friendship Centre

179 Kirby Avenue

Timmins, ON

P4N 1K1

T: (705) 268-6262

F: (705) 268-6266

E: reception@tnfc.ca

Website: www.tnfc.ca

<b>Management:</b> Timmins Native Friendship Centre	<b>Program(s):</b> Adult Native Literacy & Basic Skills Program
<b>Program Focus:</b> Full-time program where students work independently to complete course modules and earn a grade 12 equivalency certificate. Instructors and tutors are on-site to assist students. There is a minimum number of hours that students are required to attend in-classroom.	<b>Aboriginal Focus:</b> Access to all the other programs at the Friendship Centre.
<b>Application:</b> The program occurs during the regular academic year and is closed for the summer. Admission is accepted on an on-going basis.	<b>Eligibility:</b> Must be at least 18 years old.
<b>Clients &amp; the CJS:</b> Students involved with the criminal justice system are accepted. There is flexibility for students with legal issues. The program administrators are willing to write letters/communicate with courts, lawyers and more.	<b>Cost:</b> None.

## Aboriginal Alternative Secondary School-Timmins Native Friendship Centre

Timmins Native Friendship Centre

179 Kirby Avenue

Timmins, ON

P4N 1K1

T: (705) 268-6262

F: (705) 268-6266

E: reception@tnfc.ca

W: www.tnfc.ca

<b>Management:</b> Timmins Native Friendship Centre	<b>Program(s):</b> Aboriginal Alternative Secondary School Program
<b>Program Focus:</b> Full-time program with a mix of independent and teacher-led courses in a quiet, culturally-based, safe environment to complete courses and earn Ontario Secondary School Diploma credits. The program is a satellite campus of the Timmins High and Vocational School.	<b>Aboriginal Focus:</b> Yes, cultural environment and cultural activities are core to the program. Access to all the other programs at the Friendship Centre.
<b>Application:</b> The program occurs during the regular academic year and is closed for the summer. There are admission cycles which are held for the beginning of each semester (September and January).	<b>Eligibility:</b> Must be 16 to 21 years old.
<b>Clients &amp; the CJS:</b> Students involved with the criminal justice system are accepted. The program is full-time but there is flexibility for students with legal issues. The program administrators are willing to write letters/communicate with courts, lawyers and more.	<b>Cost:</b> None.

## Academic and Career Entrance Program- Northern College

P.O. Box 3211

Timmins, ON

P4N 8R6

T: (705) 235-3211

F: (705) 235-7279

W: [www.northernc.on.ca](http://www.northernc.on.ca)

<b>Management:</b> Northern College	<b>Program:</b> Academic and Career Entrance Program
<b>Program Focus:</b> Students work independently or in an instructor-led setting to complete course modules and earn a grade 12 equivalency certificate. Instructors and tutors are on-site to assist students. There is a minimum number of hours that students are required to attend in-classroom.	<b>Aboriginal Focus:</b> Access to all the other programs at the Timmins Native Friendship Centre if attending at that location.
<b>Application:</b> The program occurs during the regular academic year and is closed for the summer. Admission is accepted on an on-going basis.	<b>Eligibility:</b> Must be at least 18 years old.
<b>Clients &amp; the CJS:</b> Students involved with the criminal justice system are accepted. There is flexibility for students with legal issues. The program administrators are willing to write letters/communicate with courts, lawyers and more.	<b>Cost:</b> None.
<b>Campus(es):</b> 1. Northern College Timmins Campus 2. Timmins Native Friendship Centre 3. Kirkland Lake 4. Moosonee 5. Moose Factory 6. Iroquois Falls 7. Cochrane 8. Haileybury	

## Academic Upgrading Program- Northern College

P.O. Box 3211

Timmins, ON

P4N 8R6

T: (705) 235-3211

F: (705) 235-7279

W: [www.northernc.on.ca](http://www.northernc.on.ca)

<b>Management:</b> Northern College	<b>Program:</b> Academic Upgrading Program
<b>Program Focus:</b> Students work independently to get prerequisites for college or prepare to write a GED or college-entry exam. Subjects include: communications, math, sciences and computer. Instructors and tutors are on-site to assist students.	<b>Aboriginal Focus:</b> Access to all the other programs at the Timmins Native Friendship Centre if attending at that location.
<b>Application:</b> Programs run for 37 weeks, September-June each year and summer sessions are available at some locations. Enrollment is accepted on an on-going basis.	<b>Eligibility:</b> Must be at least 18 years old.
<b>Clients &amp; the CJS:</b> Students involved with the criminal justice system are accepted. There is flexibility for students with legal issues. The program administrators are willing to write letters/communicate with courts, lawyers and more.	<b>Cost:</b> No tuition. A \$20 student fee is levied and a small fee for use of books may apply.
<b>Campus(es):</b> 1. Northern College Timmins Campus 2. Timmins Native Friendship Centre 3. Kirkland Lake 4. Moosonee 5. Moose Factory 6. Iroquois Falls 7. Cochrane 8. Haileybury	

## 4. Child and Youth Programs

### Misiway Milopemahtesewin Community Health Centre (Child & Youth)

130 Wilson Avenue

Timmins, Ontario

P4N 2S9

T: (705) 264-2200

F : (705) 264-2243

<b>Management:</b> Misiway Milopemahtesewin Community Health Centre	<b>Program:</b> Child and Youth Mental Health & Addictions
<b>Program Focus:</b> Our program uses a Traditional Indigenous approach to care planning and services offered. We use a Wellness Wheel approach to assessments and goal setting and include land-based activities to strengthen cultural knowledge and sense of belonging for children and youth.	<b>Program Duration:</b> Crisis Intervention supports & Counseling services for Families, Children & Youth Available Monday to Friday <b>8:30am-4:30pm</b>
<b>Application:</b> Contact Misiway Milopemahtesewin Community Health Centre for an intake appointment.	<b>Admission/Waitlist:</b> Admission community referral, self-referral and other
<b>Eligibility:</b> Children & Youth ages 6-18 seeking professional help who have been identified with mental health or addiction issues including social, emotional, and/or behavioral challenges and who are in need of some form of mental health/addiction services	<b>Sobriety Requirements:</b> N/A
<b>Aboriginal Requirements:</b> None.	<b>Aboriginal Focus:</b> Yes.
<b>Residential/Non-residential:</b> Non-residential.	<b>Visitation Rights:</b> N/A
<b>Counseling provided for:</b> Child/Youth ages 6-18	<b>Subsequent Referrals:</b>
<b>Service Area:</b> 250 kilometer radius of Timmins (Up to Constance Lake)	<b>Location:</b> See address above.
<b>Transportation:</b> None.	<b>Cost:</b> Funded by Ministry of Health and Long-Term Care and North East Local Health Integration Network
<b>Clients and the CJS:</b> Willing to work with clients involved with the criminal justice system. Will provide communications to criminal justice actors as necessary.	<b>Security:</b> None.

## North East Community Care Access Centre (Care at School)

330 2<sup>nd</sup> Avenue

Timmins, ON

P4N 8A4

T: toll free: 1-888-668-2222

F: (705) 267-7795

W: [healthcareathome.com](http://healthcareathome.com)

E: [celine.francis@ne.ccac-ont.ca](mailto:celine.francis@ne.ccac-ont.ca)

<b>Management:</b> North East Community Care Access Centre	<b>Program(s):</b> Mental Health and Addictions Nurses
<b>Program Focus:</b> Assists children and youth in schools who may have mild to complex mental health and/or substance abuse issues. It also supports students who are transitioning back to school from the hospital or other care setting.	<b>Program Duration:</b>
<b>Application:</b> Program is available by referral, through the local school board, parent, physician or community agency.	<b>Admission/Waitlist:</b>
<b>Eligibility:</b> Children and youth attending or transitioning back to school with mental health and/or substance abuse issues.	<b>Sobriety Requirements:</b>
<b>Aboriginal Requirements:</b> Open to all.	<b>Aboriginal Focus:</b> None.
<b>Residential/Non-residential:</b> Non-residential.	<b>Visitation Rights:</b> N/A outpatient service.
<b>Counselling provided for:</b>	<b>Subsequent Referrals:</b> yes.
<b>Service Area:</b> Algoma, Cochrane, Timmins, Manitoulin/Sudbury, Nipissing, Parry Sound and Timiskaming	<b>Location:</b> See address above.
<b>Transportation:</b> Not provided	<b>Cost:</b>
<b>Clients and the CJS:</b>	<b>Security:</b>
<b>Service Languages/Accessibility:</b>	<b>Medical Staff on Site:</b> N/A

## **Northeastern Ontario**

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# 1. Mental Health and Addictions

## Counselling

### The Minto Counselling Centre

233 8th Street, P.O. Box 2298

Cochrane, ON

T: (705) 272-4245

F: (705) 272-6737

E: [mcc@puc.net](mailto:mcc@puc.net)

W: [mintocounsellingcentre.org](http://mintocounsellingcentre.org)

<p><b>Management:</b> Minto Counselling Centre de Counselling Minto</p>	<p><b>Program(s):</b></p> <ul style="list-style-type: none"> <li>-Counselling</li> <li>-Aboriginal Services Program</li> <li>-Sexual Abuse Survivor Program</li> <li>-Community Support Program</li> <li>-Cochrane Friends and Family Support Group</li> <li>-Crisis Services</li> <li>-Psychiatric Services</li> </ul>
<p><b>Program Focus:</b></p> <p><u>-Counselling:</u> provides individual, marital and family counselling to help people who suffer from a mental illness to be better equipped to handle their life circumstances.</p> <p><u>-Aboriginal Services Program:</u> provides counselling and support services designed to meet the client's preference of either the traditional or mainstream therapeutic approaches.</p> <p><u>-Sexual Abuse Survivor Program:</u> group treatment program designed for women who have suffered from childhood/adult sexual abuse or sexual assault.</p> <p><u>-Community Support Program:</u> offers a broad range of support services to individuals suffering from a mental illness requiring assistance to cope with the day to day aspects of independent living.</p> <p><u>-Cochrane Friends and Family Support Group:</u> offering individual counselling and a mutual support group for people dealing with a family member's mental illness.</p>	<p><b>Program Duration:</b> All programs are based on individual needs. No specific length.</p>

<p><u>-Crisis Services:</u> crisis intervention for individuals with severe and persistent mental illness.</p> <p><u>-Psychiatric Services:</u> co-ordinates psychiatric services.</p>	
<p><b>Application:</b> Individuals can be referred by self, family members or case workers. The program is voluntary. Individuals must first be assessed by an intake worker.</p>	<p><b>Admission/Waitlist:</b> No waitlist. Individuals must first speak with an intake worker.</p>
<p><b>Eligibility:</b> All individuals over the age of 16 years old and in need of assistance are accepted.</p>	<p><b>Sobriety/Drug Requirements:</b> If client is found visibly under the influence of alcohol or drugs, their appointment will be re-scheduled.</p>
<p><b>Aboriginal Requirements:</b> None.</p>	<p><b>Aboriginal Focus:</b> Aboriginal Services Program will utilize traditional healing approaches based on the client's preferences.</p>
<p><b>Residential?:</b> Non-residential.</p>	<p><b>Visitation:</b> N/A</p>
<p><b>Counselling provided for:</b> all life issues.</p>	<p><b>Subsequent Referrals:</b> Yes.</p>
<p><b>Service Area:</b>  Iroquois Falls: 311 Ambridge Drive  Cochrane: head office (see address above)  Matheson: 507 8<sup>th</sup> Avenue</p>	<p><b>Location:</b>  Head office address located above.</p>
<p><b>Transportation:</b> None provided. Clients are responsible for their own travel. Applicant can apply to Non-Insured Health Benefits (NHIB) to cover transportation cost. Applicants receiving Ontario Works qualify to have transportation covered by NHIB.</p> <p><a href="http://www.hc-sc.gc.ca/fniah-spnia/pubs/nihb-ssna/_medtransp/2005_med-transp-frame-cadre/index-eng.php#a8">http://www.hc-sc.gc.ca/fniah-spnia/pubs/nihb-ssna/_medtransp/2005_med-transp-frame-cadre/index-eng.php#a8</a></p>	<p><b>Cost:</b> Funded by the Ministry of Health and Long-Term Care</p>
<p><b>Clients &amp; the CJS:</b> Persons involved in the criminal justice system are accepted into the program.</p>	<p><b>Security:</b> None.</p>

## Drug, Alcohol and Gambling Addictions

### North Cochrane Addiction

29 Byng Avenue, Suite 2

Kapuskasing, ON

P5N 1W6

T: (705) 335-8408

F: (705) 335-5640

W: [addictionsservicestoxicomanie.com](http://addictionsservicestoxicomanie.com)

<b>Management:</b> North Cochrane Addiction Services	<b>Program(s):</b> Substance Abuse, Family Program, Youth, Problem Gambling and Nicotine Replacement Therapy (NRT)
<p><b>Program Focus:</b> Wide range treatment services for developing lifestyles free of substance abuse and problem gambling.</p> <p>A comprehensive assessment and treatment planning are undergone to refer the individual to the most appropriate program(s) within the organization or elsewhere as necessary.</p>	<b>Program Duration:</b> Varies depending on the program:
<b>Application:</b> Call or walk-in for intake appointment. Self-referrals are accepted.	<p><b>Admission/Waitlist:</b> None, walk-in assistance.</p> <p>Call of walk-in Monday to Friday from 8:30 am to 4:30 pm (from July to August the agency closes at 4:00 pm).</p>
<b>Eligibility:</b> Males and females are accepted. All ages are welcome.	<b>Sobriety Requirements:</b> Individuals will not be seen by counsellors if they are intoxicated. Individuals who are not sober and are in need of immediate assistance will be appropriately referred.
<b>Aboriginal Requirements:</b> Open to all.	<p><b>Aboriginal Focus:</b> There is an Aboriginal women opiate use program for those residing in Hearst or Constance Lake.</p> <p>Other programs do not incorporate aboriginal focuses but referrals to Friendship Centres are made.</p>
<b>Residential/Non-residential:</b> Non-residential.	<b>Visitation Rights:</b> N/A outpatient service.
<b>Counselling provided for:</b> Substance abuse, life and family issues and concurrent disorders.	<b>Subsequent Referrals:</b> yes.

<b>Service Area:</b> North Cochrane District including: Hearst/Constance Lake First Nations, Kapuskasing, Smooth Rock Falls, Cochrane.	<b>Location:</b> Hearst – 1403 Edwards (705) 362-7844 Kapuskasing – 29 Byng Ave, suite 2 (705) 335-8408 Smooth Rock Falls – 105, 2 <sup>nd</sup> ave (705) 338-4300 Cochrane – Minto Centre 8 <sup>th</sup> ave (705) 272-3059
<b>Transportation:</b> Not provided	<b>Cost:</b> Funded by North East Local Health Integration Network.
<b>Clients and the CJS:</b> Yes. This organization will not make in-person visits to detention facilities but will offer services over the phone. Will work with probation officers, parole officers and criminal justice actors.	<b>Security:</b> No searches.
<b>Service Languages/Accessibility:</b> English and French	<b>Medical Staff on Site:</b> No.

## Cochrane District Detox Centre (Residential Withdrawal & Case Mgmt)

105, 2<sup>nd</sup> Ave, Box 460

Box 460

Smooth Rock Falls, ON

P0L 2B0

T: (705) 338-2761

Crisis Line (24/7) : 1 800 787-7951

E: Marielle.Cousineau@one-mail.on.ca, Sharleen.Pope@one-mail.on.ca, Julie.Lavoie@one-mail.on.ca

W: Smooth Rock Falls Hospital.ca

<p><b>Management:</b> North Cochrane Addiction Services Inc.</p>	<p><b>Program(s):</b></p> <p><b>Two phase drug/alcohol withdrawal program:</b></p> <ul style="list-style-type: none"> <li>• <u>Phase 1-Crisis/Withdrawal:</u> Clients and their symptoms are monitored and medical consultation occurs or urgent medical care is administered at the hospital.</li> <li>• <u>Phase 2-Residential Withdrawal Management Services (Level 2):</u> After 24 hours, residents are given a routine: programming, chores, leisure activities, rest periods, AA and NA meetings. Addiction counselling and treatment planning available.</li> </ul> <p><b>Residential Support Services (Level-1)</b></p> <p><b>Case management services/safe bed initiative</b></p>
<p><b>Program Focus:</b></p> <p><b>Withdrawal Program:</b> A residential facility providing withdrawal management services. Assists people with adjusting to sobriety and to help individuals identify problem areas in their lives and assist with treatment planning.</p> <p><b>Residential Support Services:</b> bed for residents in need of very little supervision pending admission to a residential and/or community treatment program.</p> <p><b>Case management/Safe bed:</b> short-term residential crisis support to individuals with mental health issues who are currently involved with the criminal justice system.</p>	<p><b>Program Duration:</b></p> <ul style="list-style-type: none"> <li>• <u>Phase 1:</u> Transferred to phase 2 usually after 1.5 days depending on severity of withdrawal and drug of choice.</li> <li>• <u>Phase 2:</u> based on client needs.</li> </ul> <p><b>Residential Support Services:</b> Usually at least 10 days.</p> <p><b>Case management services:</b> needs-based and can be ongoing after discharge.</p>

<b>Application:</b> Operates a 24/7 crisis line (1-800-787-7951) where a program worker speaks directly with the individual to complete an intake to determine eligibility/needs.	<b>Admission/Waitlist:</b> On average one or two days, usually dependent on transportation over bed availability.
<b>Eligibility:</b> Men and women over the age of 16 who are intoxicated or in withdrawal are accepted. Special consideration is given to admitting youth under the age of 16 and a parent or legal guardian must consent to the referral. Individuals must have some ability to be independent in order to benefit from the structured program.	<b>Sobriety Requirements:</b> An admitted person may take medication while in care but the use of opiates (pain killers) are prohibited.
<b>Aboriginal Requirements:</b> None, open to all.	<b>Aboriginal Focus:</b> On Thursdays, the Ininew Friendship Centre offers Sharing Circle programming.
<b>Residential/Non-residential:</b> <b>Withdrawal Program:</b> Residential Men: <ul style="list-style-type: none"> <li>• 2 acute crisis/withdrawal beds,</li> <li>• 6 withdrawal management services beds.</li> </ul> Women: <ul style="list-style-type: none"> <li>• 2 acute crisis/withdrawal beds,</li> <li>• 4 withdrawal management services beds.</li> </ul> <b>Residential Support/Safe Bed:</b> Residential co-ed facility with 6 support services beds to men or women.	<b>Visitation Rights:</b> <b>Withdrawal Program:</b> No visitation. <b>Residential Support/Safe Bed:</b> Friends and family are welcome.
<b>Counselling provided for:</b> alcohol and drug addictions and their triggers.	<b>Subsequent Referrals:</b> Yes.
<b>Service Area:</b> Cochrane District, including Moosonee and James Bay Coast (primary) and Ontario (secondary).	<b>Location:</b> See address above.
<b>Transportation:</b> Personal transportation to the facility is encouraged. Ontario Northland travels through Smooth Rock Falls twice daily, arriving from the west at approximately 7:00 am and arriving from the east at approximately 12:35 am.  The facility will assist financially with bus transportation costs if necessary.	<b>Cost:</b> Sponsored by: Smooth Rock Falls Hospital and Falls Medical Clinic. Funded by North East Local Health Integration Network and private donors.

<p><b>Clients and the CJS:</b> The administrators will work with Probation and Parole Officers. The Residential Program can be a part of a bail order or a conditional sentence. Offenders are assessed on a case-by-case basis to determine eligibility.</p>	<p><b>Security:</b> Luggage searches are performed upon entry and exit of the agency and random search are conducted as necessary.</p>
<p><b>Service Languages/Accessibility:</b> French and English</p>	<p><b>Medical Staff on Site:</b> No. Non-medical detoxification centre with medical backup through the Smooth Rock Falls Hospital and the Falls Medical Clinic.</p>

## Traditional Healing

### Aboriginal Peoples Alliance of Northern Ontario (Community Wellness)

173 Railway Street

Cochrane, Ontario

P0L 1C0

T: (705) 272-2562 (crisis phone dial ext. 22)

F : (707) 272-2563

E : [cwwapano@puc.net](mailto:cwwapano@puc.net)

<b>Management:</b> Aboriginal Peoples Alliance of Northern Ontario	<b>Program:</b> Community Wellness Program  Community Wellness worker: Linda Archibald
<b>Program Focus:</b> Facilitates a variety of community and culturally based programs geared to the prevention of individual abuse and family violence. Includes: -Kanawayhitowin Taking Care of Each Other's Spirit: 6-8 week program on family violence for women. -individual support, case management and advocacy -access to traditional healing practices and resources	<b>Program Duration:</b> Based on client's needs.
<b>Application:</b> Call 705-272-2562 for intake.	<b>Admission/Waitlist:</b> Based on program offerings.
<b>Eligibility:</b> For Aboriginal person 16 years of age or older.  Recommended that people seek counselling before-hand. Or the case manager will refer then to counselling if necessary.	<b>Sobriety Requirements:</b> Must be sober.
<b>Aboriginal Requirements:</b> Yes.	<b>Aboriginal Focus:</b> Yes.
<b>Residential/Non-residential:</b> Non-residential.	<b>Visitation Rights:</b> N/A.
<b>Counselling provided for:</b> No counselling, group sharing circles, education, referrals to counselling services.	<b>Subsequent Referrals:</b> Yes.
<b>Service Area:</b> Cochrane and Kapuskasing	<b>Location:</b> See address above.
<b>Transportation:</b> No.	<b>Cost:</b> Free.



<p><b>Clients and the CJS:</b> Yes, willing to work with clients on probation or parole. Programs geared towards clients involved with the criminal justice system are being developed.</p>	<p><b>Security:</b> None.</p>
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## Sagashtawao Healing Lodge

130 Wilson Avenue

Moosonee, Ontario

P4N 2S9

T: (705) 264-2200

F : (705) 264-2243

<b>Management:</b> Sagashtawao	<b>Program(s):</b> Residential Drug and/or Alcohol Treatment Program
<b>Program Focus:</b> Residential treatment program for First Nation adults and families who are challenged with drug and/or alcohol addiction.	<b>Program Duration:</b> Individual Treatment Program “I have hope in my life” 6 weeks. Family Healing Program 3 weeks.
<b>Application:</b> Referrals accepted from: self, community-based counsellors/agencies, detox/halfway houses, health and paraprofessionals, women shelters/CAS. Referral agencies must be in contact with Sagashtawao Healing Lodge and the prospective client.	<b>Admission/Waitlist:</b> Waitlist starts when capacity of lodge is filled. As cancellations occur, the intake of clients is made available from the waiting list.  Admission day is every Monday of the new intake cycle of programming. Clients are expected to be at the Lodge by 6 pm.
<b>Eligibility:</b> must be a registered First Nation who is eighteen years of age or older.  Must complete referral and medical forms two weeks prior to all admission dates for screening procedures.	<b>Sobriety Requirements:</b> Must be sober for 72 hours prior to entry into the program.
<b>Aboriginal Requirements:</b> Yes must be registered with a registry and/or band number.	<b>Aboriginal Focus:</b> Yes, programs are based on Indigenous culture and traditions. Daily ceremonies such as smudging, prayer, sweat lodge or pipe ceremony will be offered. Singing and drumming are part of the program.
<b>Residential/Non-residential:</b>  Residential – 12 beds for individuals/families. Families reside together.	<b>Visitation Rights:</b> No contact rule for the first two weeks of the 6-week individual program and the first week of the 3-week family program. Only emergency calls are permitted. After which phone calls can be made Mondays and Thursdays via pay phone, phone card or collect calls.  Visiting hours on the first Sunday of 3-week program and third Sunday of the 6-week program from 1pm – 4pm.

<b>Counselling provided for:</b> drug and alcohol abuse and its related problems.	<b>Subsequent Referrals:</b> Yes.
<b>Service Area:</b>	<b>Location:</b> See address above.
<b>Transportation:</b> Clients and or their referral services are responsible for transportation to and from the lodge	<b>Cost:</b> None.
<b>Clients and the CJS:</b> Yes but clients must tend to all their legal matters prior to entering the lodge. I.e. legal matters need not be final but should be completed for the duration of the program.	<b>Security:</b> Searches are performed upon entry.

## 2. Housing

### Tranquility House – Women's Shelter

PO Box 300

Matheson, ON

P0K 1N0

T: (705) 273-2339

F: (705) 273-2457

<b>Management:</b> Canadian Mental Health Association	<b>Program:</b> Emergency Shelter for women fleeing domestic violence
<b>Admissions:</b> Call crisis line to speak to intake.	<b>Eligibility:</b> Must be 16 +, female and fleeing a violent situation.
<b>Hours:</b> 24/7	<b>Duration of Stay:</b> as long as necessary. Support staff assist women with securing housing.
<b>Geographical Restrictions:</b> Timmins	<b>Cost:</b> Free

### 3. Job, Career, Education

#### Adult Native Literacy & Basic Skills-Timmins Native Friendship Centre

Timmins Native Friendship Centre

179 Kirby Avenue

Timmins, ON, P4N 1K1

T: (705) 268-6262

F: (705) 268-6266

E: reception@tnfc.ca

Website: www.tnfc.ca

<b>Management:</b> Timmins Native Friendship Centre	<b>Program(s):</b> Adult Native Literacy & Basic Skills Program (Up to Grade 9)
<b>Program Focus:</b> Full-time program where students work independently to complete course modules and earn a grade 12 equivalency certificate. Instructors and tutors are on-site to assist students. There is a minimum number of hours that students are required to attend in-classroom.	<b>Aboriginal Focus:</b> Access to all the other programs at the Friendship Centre.
<b>Application:</b> The program occurs during the regular academic year and is closed for the summer. Admission is accepted on an on-going basis.	<b>Eligibility:</b> Must be at least 18 years old.
<b>Clients &amp; the CJS:</b> Students involved with the criminal justice system are accepted. There is flexibility for students with legal issues. The program administrators are willing to write letters/communicate with courts, lawyers and more.	<b>Cost:</b> None.

## Aboriginal Alternative Secondary School-Timmins Native Friendship Centre

Timmins Native Friendship Centre

179 Kirby Avenue

Timmins, ON

P4N 1K1

T: (705) 268-6262

F: (705) 268-6266

E: reception@tnfc.ca

W: www.tnfc.ca

<b>Management:</b> Timmins Native Friendship Centre	<b>Program(s):</b> Aboriginal Alternative Secondary School Program (Grade 9 – 12)
<b>Program Focus:</b> Full-time program with a mix of independent and teacher-led courses in a quiet, culturally-based, safe environment to complete courses and earn Ontario Secondary School Diploma credits. The program is a satellite campus of the Timmins High and Vocational School.	<b>Aboriginal Focus:</b> Yes, cultural environment and cultural activities are core to the program. Access to all the other programs at the Friendship Centre.
<b>Application:</b> The program occurs during the regular academic year and is closed for the summer. There are admission cycles which are held for the beginning of each semester (September and January).	<b>Eligibility:</b> Must be 16 to 21 years old.
<b>Clients &amp; the CJS:</b> Students involved with the criminal justice system are accepted. The program is full-time but there is flexibility for students with legal issues. The program administrators are willing to write letters/communicate with courts, lawyers and more.	<b>Cost:</b> None.

## Academic and Career Entrance Program- Northern College

P.O. Box 3211

Timmins, ON

P4N 8R6

T: (705) 235-3211

F: (705) 235-7279

W: [www.northernc.on.ca](http://www.northernc.on.ca)

<b>Management:</b> Northern College	<b>Program:</b> Academic and Career Entrance Program (Grade 9 and above)
<b>Program Focus:</b> Students work independently or in an instructor-led setting to complete course modules and earn a grade 12 equivalency certificate. Instructors and tutors are on-site to assist students. There is a minimum number of hours that students are required to attend in-classroom.	<b>Aboriginal Focus:</b> Access to all the other programs at the Timmins Native Friendship Centre if attending at that location.
<b>Application:</b> The program occurs during the regular academic year and is closed for the summer. Admission is accepted on an on-going basis.	<b>Eligibility:</b> Must be at least 18 years old.
<b>Clients &amp; the CJS:</b> Students involved with the criminal justice system are accepted. There is flexibility for students with legal issues. The program administrators are willing to write letters/communicate with courts, lawyers and more.	<b>Cost:</b> None.
<b>Campus(es):</b> 1. Northern College Timmins Campus 2. Timmins Native Friendship Centre 3. Kirkland Lake 4. Moosonee 5. Moose Factory 6. Iroquois Falls 7. Cochrane 8. Haileybury	

## Academic Upgrading Program- Northern College

P.O. Box 3211

Timmins, ON

P4N 8R6

T: (705) 235-3211

F: (705) 235-7279

W: [www.northernc.on.ca](http://www.northernc.on.ca)

<b>Management:</b> Northern College	<b>Program:</b> Academic Upgrading Program
<b>Program Focus:</b> Students work independently to get prerequisites for college or prepare to write a GED or college-entry exam. Subjects include: communications, math, sciences and computer. Instructors and tutors are on-site to assist students.	<b>Aboriginal Focus:</b> Access to all the other programs at the Timmins Native Friendship Centre if attending at that location.
<b>Application:</b> Programs run for 37 weeks, September-June each year and summer sessions are available at some locations. Enrollment is accepted on an on-going basis.	<b>Eligibility:</b> Must be at least 18 years old.
<b>Clients &amp; the CJS:</b> Students involved with the criminal justice system are accepted. There is flexibility for students with legal issues. The program administrators are willing to write letters/communicate with courts, lawyers and more.	<b>Cost:</b> No tuition. A \$20 student fee is levied and a small fee for use of books may apply.
<b>Campus(es):</b> 1. Northern College Timmins Campus 2. Timmins Native Friendship Centre 3. Kirkland Lake 4. Moosonee 5. Moose Factory 6. Iroquois Falls 7. Cochrane 8. Haileybury	



## **Ministry of Community Safety and Correctional Services (MCSCS)**

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## **Inmate Classification**

<b>Level of Service Inventory (LSI-OR):</b> All inmates serving more than 30 days and less than two years are classified based on the following criteria:	
<b>Sentence Information</b>	Circumstances and nature of the crime, length of service, court recommendations, and victim impact statements.
<b>Criminal History</b>	Criminal record, co-accused, criminal associations(s), types of previous offences, and probation/parole.
<b>Institutional History</b>	Behaviour/attitude, program/work participation, participation in disturbances/work stoppages, history of assault, unlawfully at large/escape incidents, possession/use of contraband, and protective custody or other special needs.
<b>Personal History</b>	Place of residence, community ties, employment pattern, domestic stability, treatment/program participation, and medical/psychiatric history.

## **Treatment Centres**

### **Algoma Treatment and Remand Centre**

800 Great Northern Road  
Sault Ste. Marie, Ontario

**About:** provides treatment opportunities to residents in provincial correctional institutions who have convictions involving violence or domestic violence. Applicants are referred to the program by institutional classification staff.

Programs	Men: Life Without Violence	Men: Domestic Violence	Women: Women Who Offend
Overview	Program for men utilizing cognitive-behavioural and psycho-educational approaches.	Program for men utilizing cognitive-behavioural and psycho-educational approaches.	Continuous intake group program for women utilizing cognitive behavioural and psycho-educational approaches.
Admission Requirements	1. History of violent behaviour and substance-abuse issues problems. 2. A minimum 10-12 month sentence dependent on program start date. 3. Ability to function in a medium secure institutional placement.	1. History of violence towards spouses and substance-abuse issues problems. 2. A minimum 10-12 month sentence dependent on program start date. 3. Ability to function in a medium secure institutional placement.	1. History of substance-abuse problems with/out anger management issues. 2. A minimum 9-10 month sentence dependent on program start date. 3. Ability to function in a medium secure institutional placement.

Programming	Social work programs, case management, group meetings, assignments. Opportunities for education, health care, library, recreation, religious/spirituality and Aboriginal programs. 250+ hours of direct clinical treatment including individual and unit work.	Social work programs, case management, group meetings, assignments. Opportunities for education, health care, library, recreation, religious/spirituality and Aboriginal programs. 250+ hours of direct clinical treatment including individual and unit work.	Social work programs, case management, group meetings, assignments. Opportunities for education, health care, library, recreation, religious/spirituality and Aboriginal programs. 250+ hours of direct clinical treatment including individual and unit work.
Length	16-week program (moved to the centre approximately 2 to 6 weeks prior to start date) 4-month residency.	16-week program (moved to the centre approximately 2 to 6 weeks prior to start date) 4-month residency.	12-week program (moved to the centre approximately 2 to 6 weeks prior to start date) 4-5 month residency.
Wait list	32 male offender beds for DV and LWV programs.	Cyclical admissions, new cycle begins almost once a month in rotation between domestic violence program and life without violence program. 8 female offender beds.	32 male offender beds for DV and LWV programs.
Ineligibility	-Recent or untreated sex offences, -History of fire setting, -Chronic mental illness certifiable under the Mental Health Act or requiring extensive psychiatric intervention, -History of escape, organized drug trafficker, -Recent serious institutional misconducts, -Outstanding charges.	-Recent or untreated sex offences, -History of fire setting, -Chronic mental illness certifiable under the Mental Health Act or requiring extensive psychiatric intervention, -History of escape, organized drug trafficker, -Recent serious institutional misconducts, -Outstanding charges.	-Recent or untreated sex offences, -History of fire setting, -Chronic mental illness certifiable under the Mental Health Act or requiring extensive psychiatric intervention, -History of escape, organized drug trafficker, -Recent serious institutional misconducts, -Outstanding charges.

## Ontario Correctional Institute

109 McLaughlin Road South

Brampton, ON

L6Y 2C8

T: 905-457-7050

F: 905-452-8606

Program	One or more of the following as a primary treatment issue: -Anti-Social Pattern (Criminality) -Drug and/or alcohol addiction -Sexual offending/acting out -Anger Management
Overview	To assist male offenders in developing the skills necessary to meet their needs in non-criminal ways so they enjoy healthy and productive lives upon their return to the community.
Admission Criteria	-Rated medium or above level in recent LSI-OR score is required for non-sex offenders. Sex offenders rated at the low level of recidivism risk may be accepted to our intake unit to determine risk for sexual recidivism. -Minimum of 9 months remaining in current sentence. -Not parole focused, willing to defer or waive parole. -Must be willing to live and participate with men convicted of sexual offence.
Programming	-Case management, clinical psychological assessments, health services, chaplaincy, library, recreation department and cultural activities for Aboriginal peoples.
Length	Admitted offenders usually spend the rest of their sentence in the facility.
Waitlist	None, typically takes 2 weeks to process the application. 220 beds.
Ineligibility	-Must be stabilized if there is a psychiatric/mental health issue. -Not currently on suicide watch -No misconduct of a serious nature (substance abuse, violence) within the last 3 months at the time of application. -No appeal at time of application.

**Note:** St Lawrence Valley Correctional and Treatment Centre is a male facility for offenders with Major/Serious Mental Illness. A clinical referral from within a correctional facility is required.

**Note:** Vanier Centre for Women is not a treatment centre. Although it has hundreds of programs offered by volunteers for inmates.

## Programs for Offenders

### **Regular Programming Available at Correctional Centres**

(Sentence of 60 days to 2 years less a day)

Program:		
Life Skills Program	Address healthy living needs in single session programs. Life skills are available at most institutions.	-Core Life Skills (budgeting, gambling, goal setting, problem solving, supportive relationships, substance use, etc.) -Employment related (job search, computer skills) and -Parenting.
Rehabilitative Programs	Address factors contributing to re-offending. There are orientation/introductory programs, intensive programs and maintenance programs.	-Anger Management, -Anti-Criminal Thinking, -Substance Abuse, -Domestic Violence, and -Sexual Offending.
Education Programs	Delivered by teachers, continuing education instructors, literacy instructors and Ministry volunteer literacy tutors.	<u>Adult Basic Literacy Programs:</u> for those with limited reading & writing skills.  <u>High School Programs:</u> for those acquiring secondary school credits leading to Grade 12 Ontario Secondary School Diploma.  <u>Self-Study Programs:</u> for those enrolling in high school, community college or university correspondence courses, or preparing for the testing program that leads to the Ontario Secondary School Equivalency Certificate. The individual pays for the fees and learning materials.  <u>Other:</u> English as a second language, & Academic and Career Entrance Program.
Work Programs	Intended to provide practical skills in a real life environment in order to assist inmates to prepare for return to the community.	All institutions provide work programs such as kitchen work, laundry, grounds, cleaning, etc. Some institutions provide industry programs such as auto/small engine, cook chill, woodworking/carpentry,

		licence plate manufacturing, metal fabrication, textiles, etc.
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## Aboriginal Orientation Programs – Eastern Door, Understanding the Journey

<p><b>Management:</b> Ministry of Community Safety &amp; Correctional Services</p>	<p><b>Program:</b></p> <p>-<u>Eastern Door</u>: Introductory Program for Aboriginal Men</p> <p>-<u>Understanding the Journey</u>: Introductory Program for Aboriginal Women</p>
<p><b>Program Focus:</b></p> <p>-<u>Eastern Door</u>: introduces participants to Indigenous approaches to education and healing. Includes education on colonization and its impacts. Assists participants in reclaiming Indigenous values and beliefs for positive identities and healthy lifestyles. Open group circle sessions.</p> <p>-<u>Understanding the Journey</u>: teaching circle provides participants with Aboriginal teachings and encourages them to examine their pasts, presents and futures through the teachings.</p>	<p><b>Program Duration:</b></p> <p>-<u>Understanding the Journey</u>: 10 sessions of 1.5-2 hours each. Individuals are not required to attend all sessions.</p> <p>-<u>Eastern Door</u>: 10 sessions of 1.5-2 hours each. Individuals are not required to attend all sessions.</p>
<p><b>Application:</b> Participation is voluntary or can be part of a court condition. Those on community sentences must be referred by a correctional officer.</p>	<p><b>Admission/Waitlist:</b> The program is offered on a regular basis year round in both the community and institutions.</p>
<p><b>Eligibility:</b> Remanded and Sentenced offenders are eligible for both programs. Designed for those in pre-contemplative and contemplative stages of change. Persons on community sentences are also eligible to participate in the program where it is offered outside of prison institutions.</p> <p>They are open programs and Indigenous offenders can enter them at any time.</p>	<p><b>Institutions Offering the Program:</b></p> <p><u>Eastern Door</u>: Monteith Jail and Correctional Centre, North Bay Jail, Thunder Bay Correctional Centre, Algoma Treatment and Remand Centre, Central North Correctional Centre</p> <p><u>Understanding the Journey</u>: North Bay Jail, Central North Correctional Centre, Algoma Treatment and Remand Centre, Monteith Jail.</p> <p><u>In the community</u>: In 2015, these programs were offered in Moosonee, Timmins and</p>

	Cochrane for persons on community-sentences.
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## Aboriginal Intensive Programs – Turning Full Circle, Healing Journey

<b>Management:</b> Ministry of Community Safety & Correctional Services	<b>Program:</b> - <u>Turning Full Circle:</u> Introductory Program for Aboriginal Men  - <u>Healing Journey:</u> Introductory Program for Aboriginal Women
<b>Program Focus:</b>  - <u>Turning Full Circle:</u> closed group program which addresses criminal behavior and promotes healing using a cultural approach. In custody program addresses loss of identity and relationship to criminality, need for change, positive values of Aboriginal tradition, problem solving, substance abuse, parenting. Community program includes topics on parenting, substance abuse, anger, residential school and domestic violence. Use of elders, sweat lodge and ceremonies.  - <u>Healing Journey:</u> talking and sharing circle which utilizes Aboriginal culture/teachings and understanding of trauma to provide offenders with the skills to manage their thinking and behavior.	<b>Program Duration:</b>  - <u>Turning full circle:</u> (In custody) 32 sessions (Community program) four modules of 13 sessions.  - <u>Healing Journey:</u> 12 circle sessions and 4 modules.
<b>Application:</b> Participation is voluntary or can be part of a court condition. Those on community sentences must be referred by a correctional officer.	<b>Admission/Waitlist:</b> Individuals participate in an assessment process which would determine if they are suitable for the programs. They must also complete either the Eastern Door (male) or Understanding the Journey (female) as a requisite program.
<b>Eligibility:</b> Remanded and Sentenced offenders are eligible for both programs.	<b>Institutions Offering the Program:</b>



<p>Designed for those in pre-contemplative and contemplative stages of change. Persons on community sentences are also eligible to participate in the program where it is offered outside of prison institutions.</p>	<p><u>Turning Full Circle:</u> Is currently being offered at the Thunder Bay Correctional Centre.</p> <p><u>The Healing Journey:</u> Facilitator training is currently underway and the pilot program will be commencing in the near future.</p>
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## Native Inmate Liaison Officer

<b>Management:</b> Ministry of Community Safety & Correctional Services	<b>Program:</b> Native Inmate Liaison Officer
<b>Program Focus:</b> Provide inmate spiritual and cultural services/programs to promote healing, including smudges, circles, teachings, feasts, sweat lodges and access to elders. Assist in discharge planning, reintegration, referral to services, counseling, Temporary Absences, Parole, etc.	<b>Program Duration:</b> No specific length.
<b>Application:</b> Contact the Native Inmate Liaison Officer directly at the institution. Hours of Operation will depend on the institution.	<b>Admission/Waitlist:</b> None.
<b>Eligibility:</b> Must identify as Aboriginal.	<b>Institutions Offering the Program:</b> 23 sites receive NILO services; 3 sites without include Sarnia Jail, Fort Frances and Niagara DC.

## **Correctional Service Canada (CSC)**

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## **Federal Programs – Aboriginal Men**

<b>Program:</b>  <b>Basic Healing Program – General Crime Prevention</b>	<b>Focus:</b>  Moderate Intensity Program  Targeting: <ul style="list-style-type: none"><li>▪ Problem solving</li><li>▪ Management of aggression and emotions</li><li>▪ Goal setting</li><li>▪ Interpersonal skills</li><li>▪ Communication skills</li><li>▪ Development of positive social attitudes and beliefs</li><li>▪ Development</li></ul>
<b>Cultural Component</b>  Introduction and reinforcement of Aboriginal culture and values. Elders are involved.	<b>Duration</b>  26 group sessions - Sessions vary in length

<p><b>Program:</b></p> <p><b>In Search of Your Warrior Program (Warrior)</b></p> <p><b>Violence Prevention Maintenance Program (Violence Prevention)</b></p>	<p><b>Focus:</b></p> <p><b>Warrior</b> Targets men with a history of violence</p> <p>Aboriginal Elders help participants develop skills and self-awareness about anger, violence, family of origin and culture.</p> <p><b>Violence Prevention</b> For offenders who have completed a Violence Prevention Program</p> <p>Application of the skills learned in the previous program</p> <p>Offenders monitor daily challenges and learn non-violent conflict resolutions</p>
<p><b>Cultural Component:</b></p> <p><b>Warrior Program</b> Program combines traditional Aboriginal philosophies with western approaches towards rehabilitation.</p> <p>Spiritual and ceremonial activities are available to the participants.</p> <p><b>Violence Prevention</b> Open to all</p>	<p><b>Duration:</b></p> <p><b>Warrior Program</b> 75 group sessions</p> <p><b>Violence Prevention</b> 12 individual or group sessions – Each session is 2 hours long</p>

<p><b>Program:</b></p> <p><b>Roadways to Change</b></p> <p><b>High Intensity Aboriginal Family Violence Prevention Program (High Intensity)</b></p> <p><b>Family Violence Prevention Maintenance Program (Family Violence)</b></p>	<p><b>Focus:</b></p> <p><b>Roadways to Change</b> Program prepares, motivates, and engages offenders for the family violence program.</p> <p><b>High Intensity</b> Targets men who are at a high risk of being violent in their intimate relationships</p> <p>Increase of a sense of responsibility for actions</p> <p>Insight and a change of beliefs that underlie abuse and violence</p> <p>Learn and practice problem-solving and communication skills</p> <p>Healthy parenting</p> <p><b>Family Violence</b> For offenders who have completed the high or moderate intensity Family Violence Prevention Program</p> <p>Application of skills learned in the previous program to cope with daily challenges</p>
<p><b>Cultural Component:</b></p> <p><b>Roadways to Change</b> Open to all</p> <p><b>High Intensity</b> Program involves Aboriginal Elders and is designed to be culturally relevant. 5 days of spiritual ceremonies.</p> <p><b>Family Violence</b></p>	<p><b>Duration:</b></p> <p><b>High Intensity</b> 75 group session – 8 to 10 individual sessions – Each session is 2 hours long</p> <p><b>Family Violence</b> 6 individual or group sessions – Each session is 2 hours long</p> <p>Must attend 6 sessions over a 6 month period to complete the program</p>

<p><b>Program:</b></p> <p><b>Tupiq Program</b></p>	<p><b>Focus:</b></p> <p><b>National Sex Offender Programs</b></p> <p>Inuit men who have been assessed as having a moderate or high risk of re-offending</p> <p>Understanding the impact of sexual violence on victims</p> <p>Change of thoughts and behaviours around sexual abuse and acceptance of responsibility</p> <p>Self-management of emotions and risks</p> <p>Goal-setting, problem solving, and relapse prevention</p>
<p><b>Cultural Component:</b></p> <p>Includes a healing component</p>	<p><b>Duration:</b></p> <p>129 groups sessions and individual sessions (as required) – Each session is 2.5 hours long</p>

<p><b>Program:</b></p> <p><b>High Intensity Aboriginal Offender Substance Abuse Program (High Intensity)</b></p> <p><b>Moderate Intensity Aboriginal Offender Substance Abuse Program (Moderate Intensity)</b></p> <p><b>National Pre-Release Substance Abuse Program (Pre-Release)</b></p> <p><b>National Substance Abuse Maintenance Program (Maintenance)</b></p>	<p><b>Focus:</b></p> <p><b>High Intensity</b> Aboriginal men who have been assessed as being at a high risk of reoffending</p> <p>Modern treatment techniques are included Men whose substance use was directly linked to their criminal behaviour</p> <p>Program designed to reduce the risk of relapse – Deals with the impact of addictions, in consideration of the offender’s spiritual, emotional, mental and physical needs</p> <p>Recognition of the need for change and understanding the effects of substance abuse on criminal behaviour</p> <p><b>Moderate Intensity</b> Aboriginal men who have been assessed as being at a moderate risk of reoffending</p> <p>Modern treatment techniques are included</p> <p>Substance use was directly linked to their criminal behaviour</p> <p>Program designed to reduce the risk of relapse – Deals with the impact of addictions, in consideration of the offender’s spiritual, emotional, mental and physical needs</p> <p>Learn to understand the healing process and recognition of the impacts of substance abuse</p> <p><b>Pre-Release</b> Targets men who have completed a national Substance Abuse Program who are preparing for release</p>
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	<p>Raises awareness and coping strategies for harmful situations in the community to prevent relapse</p> <p>Learn goal setting, healthy lifestyles and relationships towards successfully re-integrating into the community</p> <p><b>Maintenance</b> Targets men who have completed any of the other substance abuse programs</p> <p>Fortification of the lessons learned in the initial program</p> <p>Application and self-monitoring of the coping skills they learned in dealing with daily challenges and relapse prevention</p>
<p><b>Cultural Component:</b></p> <p><b>High Intensity</b> Aboriginal Elders are available</p> <p><b>Moderate Intensity</b> Program involves Aboriginal ceremonies</p> <p><b>Pre-Release</b> Program open to all</p> <p><b>Maintenance</b> Program open to all</p>	<p><b>Duration:</b></p> <p><b>High Intensity</b> 62 sessions – 4 individual sessions – 3 ceremonial group sessions - Each session is 2 hours long</p> <p><b>Moderate Intensity</b> 35 group sessions – 2 individual sessions – 2 ceremonial sessions – Each session is 2 hours long</p> <p><b>Pre-Release</b> 4 group or individual sessions – Each session is 2 hours long</p> <p><b>Maintenance</b> The number of sessions depends on the requirements of each offender – Each session is 2 hours long</p>

<p><b>Program:</b></p> <p><b>Inuit Community Maintenance Program</b></p>	<p><b>Focus:</b></p> <p>Ensures Inuit men receive appropriate and culturally relevant support when they are released into the community</p> <p>Allows offenders to combine all the skills learned in each correctional program into one self-management plan</p>
<p><b>Cultural Component:</b></p> <p>Program usually delivered by an Inuit Program Facilitator and an Inuit Elder is often involved</p> <p>All content is based on Inuit culture, language and community realities</p> <p>Program incorporates Inuit Qauyimagatugangit (Inuit knowledge and values)</p> <p>Can be delivered in Inuktitut</p>	<p><b>Duration:</b></p> <p>12 group sessions (Varies depending on the level of risk) – Each sessions is 2 hours long</p>

## **Federal Penitentiary Programs - Aboriginal Women**

<b>Program:</b>  <b>Engagement Program</b>	<b>Focus:</b>  Program responds to the specific issues faced by Aboriginal women offenders. Participants learn self-awareness about problematic behaviour linked to crime.  Participants learn to set goals, problem solving, and communication skills.  Participants develop healing and self-management plans and coping strategies to help live positive lifestyles.
<b>Cultural Component:</b>  Aboriginal Elders are involved in the program. Culturally relevant teachings and ceremonies are provided.	<b>Duration:</b>  12 sessions – Each session is 2 hours long

<p><b>Program:</b></p> <p><b>Moderate Intensity Programs</b></p>	<p><b>Focus:</b></p> <p>Continuation of the Aboriginal Women's Engagement Program. For Aboriginal women assessed as having a moderate to high risk of reoffending.</p> <p>Women are empowered by building a positive personal and cultural identity.</p> <p>Participants learn long &amp; short term goal setting and conflict resolution skills.</p> <p>The importance of healthy lifestyles and personal relationships is highlighted. Participants develop healing and self-management plans and coping strategies to help live positive lifestyles.</p>
<p><b>Cultural Component:</b></p> <p>Aboriginal Elders are involved in the program. Culturally relevant teachings and ceremonies are provided.</p>	<p><b>Duration:</b></p> <p>46 group sessions and 4 individual sessions</p> <p>Each session is 2 hours long</p>

<p><b>Program:</b></p> <p><b>High Intensity Program</b></p>	<p><b>Focus:</b></p> <p>For Aboriginal women who are assessed as having high needs and a high risk of reoffending. Program is a continuation of the Moderate Intensity Program.</p> <p>Women are empowered by building a positive personal and cultural identity.</p> <p>Participants learn problem solving and conflict resolution skills.</p> <p>The importance of healthy lifestyles and personal relationships is highlighted. Participants develop healing and self-management plans and coping strategies to help live positive lifestyles.</p>
<p><b>Cultural Component:</b></p> <p>Aboriginal Elders are involved in the program. Culturally relevant teachings and ceremonies are provided.</p>	<p><b>Duration:</b></p> <p>58 group sessions &amp; 4 individual sessions</p> <p>Each session is 2 hours long</p>

<p><b>Program:</b></p> <p><b>Self-Management Program</b></p>	<p><b>Focus:</b></p> <p>For Aboriginal women who are in custody or in the community who need support to maintain skills they have learned in the other programs.</p> <p>Program supports the participants to make and maintain changes; enhancing their strengths, solidify coping strategies and increase self-awareness.</p> <p>Participants develop and implement their own healing and self-management plans while learning to set goals and solve problems.</p>
<p><b>Cultural Component:</b></p> <p>Aboriginal Elders are involved in the program.</p>	<p><b>Duration:</b></p> <p>12 sessions – Each session is 2 hours long</p>

## **Security Classification and Penitentiary Placement**

### **Security - Custody Rating Scale**

Custody Rating Scale: a research-based tool used to assist in assessing the most appropriate level of security for the penitentiary placement of an inmate. An inmate's custody Rating Scale takes into consideration the following factors as required by section 17 of the CCRR:

- a. Seriousness of the offence committed
- b. Any outstanding charges
- c. The inmate's performance and behaviour while under sentence
- d. The inmate's social and criminal history, including a Dangerous Offender designation under the *Criminal Code*, and, where applicable, young offender history
- e. Any physical or mental illness or disorder
- f. The potential for violent behaviour
- g. The continued involvement in criminal activities

Note: Each factor is based on information obtained from inmate during the intake assessment and various documents (i.e., FPS sheet, police reports) (Annex B)

### **Security Level Cut-Off Scores in the Custody Rating Scale**

- a. Minimum Security: 0 to 85 on the institutional adjustment dimension AND 0 to 63 on the security risk dimension
- b. Medium Security: between 86 and 94 on the institutional adjustment dimension and between 0 and 133 on the security risk dimension; OR between 0 and 85 on the institutional adjustment dimension and between 64 and 133 on the security risk dimension
- c. Maximum Security: 95 or greater on the institutional adjustment dimension OR 134 or greater on the security risk dimension

Note: Security level is based on the Custody Rating Scale, assessment of institutional adjustment, escape risk, and public safety (Annex E)

### **Security Classification (Annex E)**

#### **Maximum Security**

- i. Presenting a high probability of escape and a high risk to public safety in the event of escape, or
- ii. Requiring a high degree of supervision and control within the penitentiary

#### **Medium Security**

- i. Presenting a low to moderate probability of escape and a moderate risk to public safety in the event of escape, or
- ii. Requiring a moderate degree of supervision and control within the penitentiary

#### **Minimum Security**

- i. Presenting a low probability of escape and a low risk to the safety of the public in the event of escape
- ii. Requiring a low degree of supervision and control within the penitentiary



**Inmate Security Classification Assessment: (Min., Med. or Max. Security)**

A rating based on the assessment of the inmate's Institutional Adjustment and Security Rating.

**Institutional Adjustment Rating****1. History of Involvement in Institutional Incidents**

Definitions:

Incidents – any actions or behaviours (Annex C) that occurred prior to the final pen placement for the current sentence

Last five years of incarceration (b.) – any accumulated period or periods of federal, provincial/territorial, and remand incarceration in the inmate's history.

Item	Score
History of Involvement in Institutional Incidents	
a.) No prior involvement in any period of incarceration (proceed to item 2. – Escape History)	0
Any prior involvement in any period of incarceration	2
Note: a.) refers to any period of incarceration – If a score is entered under b.), c.) or d.), then a score of “2” must be entered under a.) any prior involvement	
b.) Prior involvement during last five years of incarceration:	
In an assault (no weapon or serious physical injury)	1
In a riot or major disturbance	2
In an assault (using a weapon or causing serious physical injury)	2
Note: Score only one of the above options and choose the option that yields the highest score	
c.) Prior involvement in one or more incidents in serious category	2
Note: c.) refers to any period of incarceration including serious incidents that occurred in the last five years of incarceration but that do not meet the criteria specified in 1b.) and serious incidents in remand or intake on a prior admission	
d.) Involvement in one or more serious incidents prior to sentencing and/or pending placement for the current commitment (includes incidents occurring while the inmate is awaiting completion of the OIA)	5
Sources of Information: FPS record, Discipline and Dissociation file, Security incident base (Security Information Reports), Provincial records/files and the <b>Inmate interview</b> . Note: Serious incidents while in remand, awaiting transfer to federal custody or in intake status on previously completed sentences are not scored here.	

## 2. Escape History

### Definitions:

Escape – includes only escapes from federal/provincial/territorial correctional institutions, from police/peace officer custody or while on escorted temporary absence (ETA). It does not include leaving an open custody youth facility, a community residential facility (CRF), a community correctional centre (CCC) or where an inmate has been unlawfully at large from an unescorted temporary absence (UTA) or probation.

Last five years of incarceration (d.): any accumulated period or periods of federal, provincial/territorial, and remand incarceration in the inmate's history.

Item	Score
Escape History	
a.) No escape or attempts	0
b.) An escape or attempt from minimum or police/peace officer custody with no actual or threatened violence:	
Over two years ago	4
In last two years	12
c.) An escape or attempt from medium or maximum custody or an escape from minimum or police/peace officer custody with actual or threatened violence:	
Over two years ago	20
In last two years	28
d.) Two or more escapes from any level within the last five years	
Note: Only the single highest score for any one item from 2a.) to 2d.) is entered on the Scale even though any number of them may be applicable to the inmate. Sources of Information: FPS record, Discipline and Dissociation file, Security incident base (Security Information Reports), Provincial records/files, <b>Inmate interview</b> , and Police reports.	

### **3. Street Stability (Contextual & Objective Analysis)**

Refers to the evaluation of an inmate's level of functioning in the community as it relates to socially and legally acceptable norms. After having examined each lifestyle in the following areas, place the individual in the category that best describes the life circumstances prior to incarceration. An overall assessment should be made of the areas considered together.

#### Employment/Education

Above average – The inmate has been steadily employed or attending an educational program for more than six months prior to the present incarceration.

Average – The inmate has been employed or attending an educational program sporadically in the last six months prior to this incarceration and there have been significant periods of unemployment during this period.

Below Average – The inmate has been usually unemployed and was not employed when the current offence(s) was committed. If the inmate verbalizes that the employment/educational situation contributed to the present offence(s), the rating should be “below average”.

#### Marital/Family Adjustment

Above average – A stable marriage (including common-law) exists. The inmate is presently supported by an intact nuclear family (includes parents, siblings, spouse, and children).

Average – The inmate has a marital partner, however, periods of instability have occurred, and/or the nuclear family is somewhat unstable.

Below average – No significant family relationships are identified as having existed during the six month period prior to the commission of the present offence(s) and/or immediate family members do not provide pro-social supportive roles.

#### Interpersonal Relationships

Above average – The inmate associates with essentially non-criminal persons in the community.

Average – Associations with unstable or criminally oriented persons, along with a mixture of stable individuals has been identified.

Below average – The inmate's social circle is made up almost entirely of persons with criminal backgrounds or unstable lifestyles. The inmate may have a co-accused in the present offence(s) with whom social ties in the community are identified.

#### Living Arrangements

Above average – Length period of time (more than one year) at a single residence unless legitimate reasons for relocation are identified.

Average – Changes of residence have occurred two or more times during the six month period prior to the current offence(s).

Below average – Changes of resident have occurred two or more time during the six month period prior to the current offence(s).

Item	Score
<b>Street Stability</b>	
a.) Above average	0
b.) Average	16
c.) Below average	32
Sources of Information: Police report(s), Presentence report, Community Assessments, Suspension report, and <b>the Inmate interview</b> .	

#### 4. Alcohol/Drug Use

Applicable results from the Dynamic Factor Identification Analysis (revised) (Substance Abuse) or other abuse assessment instruments can be used to support either one of the following three categories.

Item	Score
<b>Alcohol/Drug Use</b>	
a.) No identifiable problems – Drug/alcohol use does not occur, or alcohol is used in socially acceptable situations. Drugs and/or alcohol were not used prior to the commission of the present or previous offence(s), or	0
b.) Abuse affecting one or more life areas – If the inmate’s use of drugs or alcohol has been identified as negatively affecting at least one major area in the inmate’s life and/or drugs/alcohol were used prior to the commission of the present offence(s), or	3
c.) Serious abuse affecting several life areas – If most life areas are negatively affected by drug and/or alcohol abuse, and they are used before the commission of present and past offences (e.g. there is a pattern).	6
Sources of information: Police report(s), Presentence report, Community Assessments, Suspension report, and <b>the Inmate interview</b> .	

**5. Age (At time of sentencing or readmission)**

Item	Score
Age (at time of sentencing or readmission)	
a.) 30 years or more	0
b.) 29	2
c.) 28	4
d.) 27	6
e.) 26	8
f.) 25	10
g.) 24	12
h.) 23	14
i.) 22	16
j.) 21	18
k.) 20	20
l.) 19	22
m.) 18 years or less	24

## **Security Risk Rating**

### **1. Number of Prior Convictions**

Item	Score
Number of Prior Convictions	
a.) None	0
b.) One	3
c.) Two to four	6
d.) Five to nine	9
e.) Ten to fourteen	12
f.) Fifteen or more	15
Note: Convictions are counted separately only if they were awarded a consecutive sentence. No incidents or convictions will be counted if they occurred when the inmate was under the age of 16. Sources of information: Canadian Police Information Centre and FPS record.	

### **2. Most Severe Outstanding Charge (Annex D)**

Item	Score
Most Severe Outstanding Charge	
a.) None	0
b.) Minor	12
c.) Moderate	15
d.) Serious	25
e.) Major/Extreme	35
Sources of Information: Sentence Management screen, Canadian Police Information Centre, and FPS record.	

### **3. Severity of Current Offence (Annex D)**

Item	Score
Severity of Current Offence	
a.) Minor or moderate	12
b.) Serious or major	36
c.) Extreme	69
Sources of Information: Sentence Management Screen, Warrant(s) of Committal, and Admission Form.	

#### 4. Sentence Length

Item	Score
Sentence Length	
a.) 1 day to 4 years	5
b.) 5 to 9 years (more than 4 years and up to 9 years)	20
c.) 10 to 24 years (more than 9 years and up to 24 years)	45
d.) Over 24 years (includes life or indeterminate)	65
Sources of Information: Sentence Management Screen, Warrant(s) of Committal, and Admission Form.	

#### 5. Street Stability (See above Street Stability from Institutional Adjust

Item	Score
Street Stability	
a.) Above average	0
b.) Average	5
c.) Below average	10
d.) Other (i.e., convicted of criminal organization offences or terrorism offences)	20

#### 6. Prior Parole and/or Statutory Releases (Mandatory Supervisions)

A calculation of the number of releases the inmate has obtained throughout his/her criminal history is required. Whether or not the release was revoked is not relevant for the completion of this item.

Item	Score
Prior Parole and/or Statutory Releases (Mandatory Supervision)	
a.) None	0
b.) Previous parole release (OMS offers choice from 1-21. One point is given for each release.)	
c.) Previous release on statutory release or mandatory supervision (OMS offers choice from 1-21. Two points are given for each release.)	

## 7. Age at the Time of First Federal Admission

If the current sentence is not the first federal sentence for this inmate, enter his/her age at the time of admission for the first federal sentence on the record. If the current sentence is the inmate's first federal sentence, use the age at the time of admission for the current sentence.

Item	Score
Age at Time of Admission	
a.) 35 years or more	0
b.) 34	3
c.) 33	6
d.) 32	9
e.) 31	12
f.) 30	15
g.) 29	18
h.) 28	21
i.) 27	24
j.) 26	27
k.) 25 years or less	30

### Final Scores and Security Level Rating

OMS calculates the scores for institutional adjustment and security risk separately and then provides the security level rating (classification).

**Note:** Annex C, D, and E can be found at: <http://www.csc-scc.gc.ca/acts-and-regulations/705-7-cd-eng.shtml>



## **Federal (CSC) Healing Lodges**

There are currently eight Federal (CSC) Healing Lodges across Canada. Four are managed by CSC and four are managed by community partner organizations. These organizations sign an agreement with CSC under s. 81 of the *Corrections and Conditional Release Act (CCRA)*. Healing Lodges for Women are minimum and medium security institutions. Healing Lodges for Men are minimum security institutions. Non-Aboriginal offenders can also be transferred to any one of the Healing Lodges.

### **Healing Lodges for Men**

<b>Healing Lodge:</b>  Pe Sakastew Centre (“New Beginnings”) Since 1997  Pronunciation: bay-saw-ga-stay-o	<b>Program Focus:</b>  Aboriginal spirituality is central to the healing process for offenders. Elders and staff from the surrounding Aboriginal communities teach offenders traditional values, spiritual practices, and counselling, and serve as role models.
<b>Management:</b>  Correctional Service Canada (CSC)	<b>Facility Type and Security Level:</b>  Men – Minimum Security
<b>Number of Beds:</b>  60	<b>Number of Employees:</b>  53
<b>Lodging Facility:</b>  Six circular buildings are arranged in a large circle on the 40-acre site. The architectural design reflects the Aboriginal world view. Symbols significant to the Samson Cree First Nation, such as the medicine wheel, the four directions, and the colors red, yellow, white, and blue, are integrated into the centre’s design.	<b>Location:</b>  Maskwacis, Alberta Samson Cree First Nation

<b>Healing Lodge:</b>  Kwikwexwelhp Healing Village (“Where medicine is collected”) (Since 2001)	
<b>Program Focus:</b>  Staff and Elders practice traditional and holistic Aboriginal teachings. The facility provides holistic programs and skills to improve employability.	
<b>Management:</b>  Correctional Service Canada (CSC)	<b>Facility Type and Security Level:</b>  Men – Minimum Security
<b>Number of Beds:</b>  50	<b>Number of Employees:</b>  70
<b>Lodging Facility:</b>  Formerly Elbow Lake Institution	<b>Location:</b>  Harrison Mills, British Columbia (140 km east of Vancouver, BC) Chehalis First Nation

<b>Healing Lodge:</b>  Willow Cree Healing Lodge (Nîpisikopawiyiniwak Nânâtawihôkamik) (Since 2004)	
<b>Program Focus:</b>  Offenders are referred to as “Nicisan” (brother) or “Nicisanak” (brothers). Willow Cree offers holistic programming that involves the community and Elders. This fosters the offender’s personal growth, cultural identity, inner peace, and the development of health and balanced living.  Programs address substance abuse, family violence, parenting and anger management. There are also sex offender programs and Elder services.  All core treatment programs have intellectual, physical, emotional, and spiritual components. Willow Cree also offers training in carpentry and food handling, as well as courses geared towards oil field safety, mining, forestry (fire-fighting), and first aid/CPR.	
<b>Management:</b>  Correctional Service Canada (CSC)	<b>Facility Type and Security Level:</b>  Men – Minimum Security
<b>Number of Beds:</b>  80	<b>Number of Employees:</b>  56
<b>Lodging Facility:</b>	<b>Location:</b>  Duck Lake, Saskatchewan Beardy’s and Okemasis First Nation

<b>Healing Lodge:</b>  Stan Daniels Healing Centre Since 1999	
<b>Program Focus:</b>  The centre emphasizes holistic healing and uses strong cultural identity as the foundation for building self-esteem. Elders play a critical role as spiritual and cultural teachers. With guidance from Elders, feedback from residents, and the contributions of staff, residents are given the opportunity to heal, grow spiritually, and reconnect with Aboriginal culture.  Programming is culturally-sensitive. It focuses on relationships, loss and recovery, family, relapse prevention, healing, and substance abuse. Offenders are also encouraged to take part in traditional ceremonies, such as the Sundance Ceremony.	
<b>Management:</b>  Native Counselling Services of Alberta s. 81, <i>CCRA</i>	<b>Facility Type &amp; Security Level:</b>  Men – Minimum Security and a Community Residential Facility (CRF) for offenders on conditional release in the community
<b>Number of Beds:</b>  73	<b>Number of Employees:</b>  33
<b>Lodging Facility:</b>	<b>Location:</b>  Edmonton, Alberta

<b>Healing Lodge:</b>  Waseskun Healing Centre	
<b>Program Focus:</b>  <p>The centre works closely with the different Indigenous communities from across Canada, including the northern regions. It offers French and English holistic teachings. The teachings focus on each offender's physical, emotional, mental, and spiritual health, in order to help them regain balance in their lives.</p> <p>Waseskun's overall aim is to empower residents to accept responsibility for their actions and understand the consequences they have created for themselves, their victims, families, and communities.</p> <p>Programs follow a community-based and holistic philosophy that incorporates both western and traditional therapeutic approaches. The centre strongly encourages Aboriginal communities to participate in the healing journey and reintegration of their members.</p> <p>Services include:</p> <ul style="list-style-type: none"> <li>-Intensive residential therapy</li> <li>-Group programs</li> <li>-Vocational training</li> <li>-Supervision and follow-up support</li> <li>-Intensive personal development sessions</li> <li>-Training for communities in prevention and intervention</li> </ul>	
<b>Management:</b>  Waseskun Healing Centre s. 81, CCRA	<b>Facility Type &amp; Security Level:</b>  Men – Minimum security and a Community Residential Facility (CRF) for offenders who are a conditional release
<b>Number of Beds:</b> 34	<b>Number of Employees:</b> 32
<b>Lodging Facility:</b>	<b>Location:</b>  St-Alphonse-Rodriguez, Quebec (One hour from Montreal, Quebec, in the foothills of the Laurentian mountain range)

<b>Healing Lodge:</b>  Ochi-chak-ko-sipi Healing Lodge Since 2003	
<b>Program Focus:</b>  The healing lodge helps offenders to heal, grow spiritually, and integrate successfully into the community. There is a strong focus on mental, physical, spiritual, and emotional healing. Importance is placed on traditional Aboriginal values, beliefs, and practices.  Offenders are encouraged to follow their healing plan and take rehabilitation programs that focus on life skills, alcohol and substance abuse, personal and family counseling, problem-solving, career planning, and leadership. Programs emphasize the importance of better lifestyle choices, including nutrition, exercise, stress relief, anger management, parenting, and sexual/health issues.	
<b>Management:</b>  Ochi-chak-ko-sipi First nation s. 81, <i>CCRA</i>	<b>Facility Type &amp; Security Level:</b>  Men – Minimum Security
<b>Number of Beds:</b> 24	<b>Number of Employees:</b> 18
<b>Lodging Facility:</b>  An Aboriginal architect designed the earthen spiritual centre, which consists of a tipi-inspired central lodge, four residences, and a place for visitors. The design inspires spiritual healing and growth.	<b>Location:</b>  Crane River, Manitoba

## Healing Lodges for Women

<b>Healing Lodge:</b>  Okimaw Ohci (“Thunder Hill”s) (Since 1995)	
<b>Program Focus:</b>  Guests create individual life plans which outline what they need emotionally, physically, and spiritually to help with their rehabilitation.  Programs address vocational training, family and children, Aboriginal language, and nature. The women learn how to live independently by cooking, doing laundry, cleaning, and doing outdoor maintenance chores.	
<b>Management:</b>  Correctional Services Canada	<b>Facility Type &amp; Security Level:</b>  Women - Minimum/Medium
<b>Number of Beds:</b>  30	<b>Number of Employees:</b>  65
<b>Lodging Facility:</b>  The healing lodge and building are circular rather than hierarchal. The focal point is the spiritual lodge where teachings, ceremonies, and workshops take place with Elders.  Single and family units are available. Each unit has a bedroom, a bathroom, a kitchenette with an eating area, and a living room. Guests may have their children stay with them.	<b>Location:</b>  Maple Creek, Saskatchewan Nekaneet First Nation Territory (Southern Saskatchewan)

<b>Healing Lodge:</b>  Buffalo Sage Wellness House (Since 2011)	
<b>Program Focus:</b>  At the Buffalo Sage Wellness House, staff and Elders prepare women offenders to return to the community by helping them make appropriate choices and positive changes in their lives.  Buffalo Sage helps women identify their needs to create a correctional plan that will help them with their holistic and spiritual rehabilitation and self-esteem. Programs are culturally sensitive. They are held in a structured and traditional environment that reflects the needs of the Aboriginal woman offender, community, and releasing authorities.	
<b>Management:</b>  Native Counselling Services of Alberta s. 81, <i>CCRA</i>	<b>Facility Type &amp; Security Level:</b>  Women – Minimum and Medium Security and a Community Residential Facility (CRF) for offenders on conditional release in the community
<b>Number of Beds:</b> 16	<b>Number of Employees:</b> 17
<b>Lodging Facility:</b>	<b>Location:</b>  Edmonton, Alberta



## **Social Service Profile Summary Template**

<b>Management:</b>	<b>Program(s):</b>
<b>Program Focus:</b>	<b>Program Duration:</b>
<b>Application:</b>	<b>Admission/Waitlist:</b>
<b>Eligibility:</b>	<b>Sobriety Requirements:</b>
<b>Aboriginal Requirements:</b>	<b>Aboriginal Focus:</b>
<b>Residential/Non-residential:</b>	<b>Visitation Rights:</b>
<b>Counselling provided for:</b>	<b>Subsequent Referrals:</b>
<b>Service Area:</b>	<b>Location:</b>
<b>Transportation:</b>	<b>Cost:</b>
<b>Clients and the CJS:</b>	<b>Security:</b>